AADPRT Magp LEADING AND EDUCATING AMIDST CHANGE 2025 ANNUAL MEETING

## **Plenary Abstract**

## Key Lessons Learned from a Long Leadership Career

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The stages of a long academic medical career, from undergraduate to retirement, will be described using the "case" of the presenter. The key lesson learned at each stage will then be elucidated with an emphasis on how that lesson may be applicable to the varied life experiences and career paths of the attendees. Insofar as "change is the only constant" in organizations as large and complex as academic health centers, a special emphasis will be on change management. In addition to leadership and management lessons and techniques, more personal challenges such as managing "imposter syndrome" and dealing with difficult supervisors and colleagues, will be addressed. The overall goal is to help attendees develop leadership skills applicable to all stages of their careers.