The East Tennessee State University Psychiatry Residency program works with the VAMC, a private hospital, and the University to provide varied in & outpatient rotations/electives (e.g. ECT, Pharmacological Consultation to the University Student Counseling and Nurse Practitioner clinics, Telepsychiatry, Sleep Medicine, Palliative Care, Pain Medicine, Whole Health, underserved populations' community mental health center, etc.) as well as a 2.5 year experience in therapy that includes Psychodynamic, Supportive, and Cognitive Behavioral Therapies. Year specific didactics, QI projects, yearly scholarly activities, Grand Rounds, and national/regional conference presentations round out the educational experiences. We have a 1:1 faculty/resident ratio allowing supervision, mentorship, and faculty/resident activities to enhance learning. Our close-knit resident group also enjoys many recreational activities including hiking, white water rafting, and spelunking in beautiful Northeast Tennessee.