



American Association of Directors of Psychiatric Residency Training

Biosketch

Adam Brenner, MD

AADPRT Position: Presidential Appointee



Adam Brenner M.D is Professor of Psychiatry, Distinguished Teaching Professor, Director of Adult Psychiatry Residency Training, and Vice Chair for Education in Psychiatry. He is a graduate of Emory University, Magna Cum Laude in Philosophy. He attended Harvard Medical School and then completed his psychiatry residency at McLean Hospital. Dr. Brenner's clinical focus is in treatment of anxiety and depressive disorders with a combination of psychoanalytic psychotherapy and psychopharmacology. Dr. Brenner has previously served as Chair of the Psychotherapy Committee of the American Association of Directors of Psychotherapy Residency Training(AADPRT), Program Chair for the 2017 Annual Meeting, and as President in 2019-2020. Among his educational and teaching awards, he has been elected to the University Of Texas Academy of Health Science Educators and also received the University of Texas Regents' Outstanding Teacher Award. A graduate of the Boston Psychoanalytic Institute, Dr. Brenner is on the faculty of the Dallas Psychoanalytic Center. Dr. Brenner serves as Editor-in-Chief for Academic Psychiatry.