

## **STATEMENT FROM THE**

### **AMERICAN ASSOCIATION OF DIRECTORS OF PSYCHIATRIC RESIDENCY TRAINING (AADPRT)**

#### **2025-2026 Residency Application Cycle**

The following recommendations are intended to provide the best possible interview season for applicants and programs by creating standardized guidelines and expectations to ensure a fair and equitable process.

#### **Recommendations For Programs**

- Conduct virtual interviews for the 2025-2026 season
- Have a readily accessible, published policy on how and when invitations are offered and how long applicants have to respond to invitations. The NRMP supports programs setting and publishing a single release date for interviews or a “small number of dates” on which they release interview invitations. Please refer to the NRMP Code of Conduct for updated guidance.
- Virtual open houses should not be offered once Training Directors have access to applications on ERAS
- Programs should not offer more invitations than available interview slots.
- Programs should give invitees a reasonable amount of time (at least 2 business days) to respond before offering the interview slot to someone else.
- Applicants should not be pressured or coerced into attending “second look” events
- “Second look” events should be structured so that they do not impact the program’s ranking of an applicant.
- “Second look” events should be conducted in a way that does not violate NRMP post-interview communication restrictions.
- Swag should not be distributed.

#### **For Applicants**

- Discuss your specific circumstances with your medical school advisory team to determine how many applications you should submit. Numerous factors such as academic performance, life experience, location of programs, and perceived competitiveness of program might significantly impact the numbers of applications submitted by the student and the number of interviews accepted by the student. Please refer to the [AAMC Apply Smart webpage](#).
- Psychiatry Applicants now have 10 signals in which to express interest in an individual program. Applicants should signal the programs they are most interested in, regardless of whether they are home or away rotations.



American Association of  
**Directors of Psychiatric  
Residency Training**

- If cancellations are necessary, applicants should notify the program as soon as possible and at least 5 business days in advance.
- Post-interview communication from applicants should be avoided except for *optional* reporting of an additional publication, thank you cards, or asking specific necessary questions.

### **Suggested reading**

- NRMP Code of Conduct - [https://www.nrmp.org/policy-topic/codes-of-conduct/?post\\_type=policy#archive-taxonomy-tree](https://www.nrmp.org/policy-topic/codes-of-conduct/?post_type=policy#archive-taxonomy-tree)
- AAMC Guidance on Virtual and In-Person Interviews - <https://www.aamc.org/about-us/mission-areas/medical-education/aamc-guidance-virtual-and-person-interviews>
- A Roadmap to Psychiatric Residency - <https://www.psychiatry.org/residents-medical-students/medical-students/apply-for-psychiatric-residency>
- Coalition for Physician Accountability Recommendations  
- <https://physicianaccountability.org/wp-content/uploads/2021/08/UGRC-Coalition-Report-FINAL.pdf>