

## **Region 1 (New England) – General Psychiatry PD or APD Candidates**

**Candidate Name** Gillian Sowden

**Candidate Institution** Dartmouth Hitchcock

**Size of Nominee Resident or Fellowship Program** Medium (15-40 trainees)

**Type of Nominee Home Program** University-based

**Setting of Nominee Home Program** Rural

**Current Nominee Position (ie: ATD, CAP TD)** Adult Psych TD

**Nominee is a:** General Psychiatrist

**Please tell us how the nominee would bring diversity to the position.**

I was born and raised in Scotland, and lived in Norway for several years prior to immigrating to the USA age 20 to attend college. I believe that having lived and worked in Europe during my formative years has given me a broad outlook on life. I have also been heavily involved in DEI work at my home institution, which I believe is integral to the field of psychiatry.

**Please tell us why the nominee is interested in this position in 100 words or less. This statement, along with the above nomination information, will be read aloud prior to the election in the upcoming regional caucus.**

I took over as TD of the adult psych program at Dartmouth in 2020 after having been an APD. I have found the AADPRT community to play an incredibly important role in the transition to my new role as a TD, and would like to find ways to get more involved in the organization. I have attended the AADPRT national meeting for many years, dating back to my time as a 4th year psychiatry resident. I believe that being an AADPRT regional representative would allow me to give back to this organization, and would assist in my personal growth as a TD. I would like to continue to encourage a sense of community among North East programs through activities such as the Region 1 virtual recruitment fair, and would like to explore additional ways to support Region 1 programs.

## **Region 1 (New England) – General Psychiatry PD or APD Candidates**

**Candidate Name** Auralyd ("Lala") Padilla

**Candidate Institution** University of Massachusetts T H Chan School of Medicine

**Size of Nominee Resident or Fellowship Program** Medium (15-40 trainees)

**Type of Nominee Home Program** University-based

**Setting of Nominee Home Program** Urban

**Current Nominee Position (ie: ATD, CAP TD)** General Psychiatry Training Director

**Nominee is a:** Subspecialty Psychiatrist

**Please tell us how the nominee would bring diversity to the position.**

Dr. Padilla is from Puerto Rico and is a Child Psychiatrist. She is the Director of Diversity and Inclusion for the UMass Chan Psychiatry Department and chairs the DEI committee. She is a member of our med school and clinical system DEI committees as well. She coordinates our cultural psychiatry curriculum and periodically conducts psychiatric enrichment programs for med students in Puerto Rico. Her career focus is on diversity, inclusion, and health equity.

**Please tell us why the nominee is interested in this position in 100 words or less. This statement, along with the above nomination information, will be read aloud prior to the election in the upcoming regional caucus.**

From Dr. Padilla: The COVID pandemic and other social concerns highlighted in the past two years have emphasized the importance of representation, clear communication, open discussion, and social connection. As a Regional Representative, I would assist in disseminating information between the Executive Committee and my New England neighbors. I would treasure the opportunity to connect with other program directors in the area and discuss issues that pertain to our region. Now in my seventh year in the training office, serving in this role would also allow me to grow as a leader within AADPRT.