



**STATEMENT FROM THE
AMERICAN ASSOCIATION OF DIRECTORS OF PSYCHIATRIC RESIDENCY TRAINING (AADPRT)**

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2026-2027 Residency Application Cycle

The following recommendations are intended to provide the best possible interview season for applicants and programs by creating standardized guidelines and expectations to ensure a fair and equitable process.

Recommendations For Programs

- Conduct interviews virtually.
- Programs, and all individuals representing a program, should follow the NRMP Code of Conduct.
- Have an accessible program website with a policy outlining how invitations and interviews are conducted. (This can include the number of positions and interviews expected, transfer resident availability, dates of interviews, and the date that the rank list is expected to be put in.) The NRMP supports programs in setting and publishing a single release date for interviews or a “small number of dates” on which they release interview invitations.
- Virtual open houses should not be offered once Training Directors have access to applications on ERAS. Attendees should be blinded to the selection/evaluation committee and not be tracked.
- Programs should not offer more invitations than available interview slots.
- Programs should give invitees a reasonable amount of time (at least 2 business days) to respond to an interview invitation before offering the interview slot to someone else.
- Applicants should not be pressured or coerced into attending “second look” events.
- “Second look” events should be optional and structured so as not to affect the program’s ranking of an applicant.
- “Second look” events should be conducted after the rank list is entered by the program.
- Swag should not be distributed.

For Applicants

- Discuss your specific circumstances with your medical school advisory team to determine how many applications you should submit. Numerous factors, such as academic performance, life experience, preferred training location, and applicant competitiveness can significantly impact the number of applications submitted and the number of interviews you choose to accept. Refer to the [AAMC Apply Smart webpage](#).



- Unless there is an extenuating couple match (or related) process, applicants reaching out before interviews is discouraged.
- Psychiatry applicants have 10 signals in which to express interest in an individual program. Applicants should signal the programs they are most interested in, regardless of whether they are home or away rotations.
- If interview cancellations are necessary, applicants should notify the program as soon as possible and at least 5 business days in advance.
- Post-interview communication from applicants should be avoided except for *optional* reporting of an additional publication, a brief thank-you message, or specific, necessary questions not available on the program website or in issued program materials.

Suggested reading

- NRMP Code of Conduct - https://www.nrmp.org/policy-topic/codes-of-conduct/?post_type=policy#archive-taxonomy-tree
- AAMC Guidance on Virtual and In-Person Interviews - <https://www.aamc.org/about-us/mission-areas/medical-education/aamc-guidance-virtual-and-person-interviews>
- A Roadmap to Psychiatric Residency - <https://www.psychiatry.org/residents-medical-students/medical-students/apply-for-psychiatric-residency>
- Coalition for Physician Accountability Recommendations - <https://physicianaccountability.org/wp-content/uploads/2021/08/UGRC-Coalition-Report-FINAL.pdf>