

American Association of Directors of Psychiatric Residency Training

Committee Spotlight



Name: Mentorship and Professional Growth

Chair: Narpinder Malhi, MD

Charge:

- **1.** Develop a robust system to identify mentors.
- 2. Develop appropriate educational venues and resources to help train mentors and mentees.
- **3.** Offer virtual forums throughout the year on mentorship specific topics.

Initiatives and projects:

- Continue to develop a better system to pair mentors and mentees.
- Offer resources and training for mentors and mentees on mentorship, sponsorship and leadership skills.
- Project to develop some consensus on positive practices that help APDs feel satisfied and professionally fulfilled in their roles.
- Offering resources at the annual meeting to trainees interested in becoming a PD.

How do you join the committee?

Just email Narpinder!

What skills are you looking for in new members?

We are looking for creative and energetic members who will be able to collaborate with other committee members on committee projects.

What is the time commitment for committee members?

We meet once a month and may work on projects in between meetings if applicable.