



American Association of Directors of Psychiatric Residency Training

Biosketch

Karim Ghobrial-Sedky, MBBS

AADPRT Position: Member at Large



Dr. Karim Ghobrial-Sedky is the psychiatry program director at Family Health Centers of San Diego. He recently started this new residency in July 2024. Dr. Sedky always had a passion for involvement in education, with his initial job at Hershey Medical Center being an inpatient unit director and working with medical students and residents. Later, he joined Cooper Medical School of Rowan University as the medical student educational director. As it was an inaugural school at the time, he developed the psychiatry clerkship rotations, psychiatry curriculum for MS3 and electives for MS4. He is well published contributing to several articles, book chapters and had edited a book. He is board certified in general psychiatry, child and adolescent psychiatry, sleep and addiction medicine as well as lifestyle medicine. He has a focused interest on sleep disorders and its impact on mental health