



# American Association of Directors of Psychiatric Residency Training

## Biosketch

### Joy Houston, MD

**AADPRT Position: Chair, Wellbeing/Burnout Committee**



L. Joy Houston, MD is Associate Professor and Vice Chair of Education at Southern Illinois University School of Medicine. She has been a member of AADPRT since 2012 and served as Chair of the Regional Representatives from 2019-2023. She also serves as a member of several other AADPRT committees as well. In addition to numerous committee memberships at her home institution, she has been an active member of AAP, serving on their Workshop Selection Subcommittee and Master Educator Committee. She was a member of the ACGME Psychiatry Milestones 2.0 Workgroup, and her educational work largely focuses on curriculum development, adult learning theory, and well-being/burnout. She served as a co-editor for *Graduate Medical Education in Psychiatry: From Basic Processes to True Innovation*.