AADPRT Celebrates 50+ Years

The 1970's

"AADPRT was in its infancy with much intrigue between different factions, particularly the East and West Coast. One person was nominated from each coast, but neither had enough votes to be elected president so I was the compromise candidate from the Midwest who didn't have enough enemies on either coast. There was a lot of tension between those who favored psychotherapy with those who favored... psychopharmacology."
Daniel Offer, MD, AADPRT's third president

Iago Galdston *President 1970-1971*
Inaugural Meeting
Organizational meeting at APA May 1970. First national meeting held in New Orleans, January 1971.
Founding President
Trained at Menninger Journey Institute in Vienna in the 1920's
Predicted psychiatry fulltime until a few weeks before his death in 1989 at the age of 94.

Paul I. Wachter *President 1971-1972*
Issues & Ideas of the Day
Recruitment
Building trust among programs in the match.
Suspporting NIMH in role as source of residency funding.
Advocacy to bring back the requirement for a medical internship in psychiatry training.

Daniel Offer *President 1972-1973*
Issues & Ideas of Day
AADPRT members were split between allegiance to psychotherapy or psychopharmacology paradigm, causing tension in the organization.

Harvey D. Strassman *President 1973-1974*
Issues & Ideas of Day
Introduced pedagogic principles and a national effort to encourage standardization of learning.
Implementation of the PRITE Exam providing a method of comparing residents from program to program.

Harvey M. Shein *President 1974*
Update
The annual Shein lecture, given each year at the AADPRT annual meeting, is in memory of Harvey Shein who died during his presidential tenure.

Sherwyn M. Woods *President 1974-1975 1975-1976*
Update
After the death of Harvey M. Shein, Dr. Woods completed Dr. Shein's term before serving his own presidential term.
Issues & Ideas of Day
Finding a strategy to insure the survival of AADPRT.
Elevating the role of Training Directors from "glorified assistant to the Chair."
Developing AADPRT to be a major force in psychiatric residency education.

Philip Woollcott, Jr. *President 1976-1977*
Issues & Ideas of Day
General decline of psychotherapy, especially work with chronic or severe disorders requiring longer-term treatment.
The "co-opting" of the profession by drug companies and managed care.

Gary Tucker *President 1977-1978*
Issues & Ideas of Day
Period of significant NIMH funding for training. Grant announcements were made at the Annual Meeting.
Recruitment; training program quality; concern about the status and training of IMG's.

Zebulon Taintor *President 1978-1979*
Issues & Ideas of Day
Obtained an NIMH grant for a conference on the recruitment of medical students into psychiatry.

Joel Yager *President 1979-1980*
Annual Meeting Theme
"Training in Public & Private Sectors"
Issues & Ideas of Day
Initiated Executive Committee fall retreat during ABPN exams, growth of task forces committees, projects
NIMH-funded conference on the recruitment of medical students into psychiatry

Seymour "Sy" Halleck *President 1980-1981*
Annual Meeting Theme
"Preparing the Psychiatrists of Tomorrow"

Stephen C. Scheiber *President 1981-1982*
Annual Meeting Theme
"Challenges to Quality Psychiatric Education in the 80's" (first meeting outside New Orleans)
Issues & Ideas of Day
US Public Health Service hospitals are closed along with their psychiatry residency programs.
"Cheating" on the match is addressed.

The 1980's

Gene Abroms *President 1982-1983*
Annual Meeting Theme
"The Teaching of Ethics in Psychiatry"
Issues & Ideas of Day
Louisiana does not sign the Equal Rights Amendment prompting AADPRT's annual meeting to remain in Texas for a second year.

Peter Henderson *President 1983-1984*
Annual Meeting Theme
"Experience Teaching and Fostering Developmental Perspectives in Psychiatry"
Issues & Ideas of Day
AADPRT by-laws changed to allow two members from each training program; more than 50 new members join, most of them child psychiatry directors.
Peter Henderson set the 1st Child Psychiatrist to serve as AADPRT President. The Henderson Award is named in his memory.

Normund Wong *President 1984-1985*
Annual Meeting Theme
"The Future of Psychiatric Education"
Issues & Ideas of Day
The number of AMG residents choosing psychiatry continues to drop
Newly revived AADPRT Task Force to look at the high failure rate of FMG's.

Stefan Stein *President 1985-1986*
Annual Meeting Theme
"The Future of Financial Support for Clinical Education"
Issues & Ideas of Day
Growing shift in ownership of hospitals to the private, for-profit sector.
AADPRT responds to new Medicare regulations.

William Sledge *President 1986-1987*
Annual Meeting Theme
"The Doctor Patient Relationship"
Issues & Ideas of Day
All general psychiatry programs join the National Residency Matching Program.
Acquisition of Journal of Psychiatric Education; renamed Journal of Academic Psychiatry.

Ronald O. Rieder *President 1992-1993*
Annual Meeting Theme
"The Triple Challenge: Manpower, Curriculum and Economics"
Issues & Ideas of Day
Efforts to strengthen content of training, especially in neurobiology
Impact of managed care on length and nature of clinical services
Decline in AMG's going into psychiatry

Allan Tasman *President 1993-1994*
Annual Meeting Theme
"Maintaining Educational Quality in a Changing Environment"
Issues & Ideas of Day
Resident recruitment difficulties following decline in US medical school applications.
Due to managed care and proposed Medicare billing policies, traditional clinical revenue for training begins to decline.

Sidney Weissman *President 1991-1992*
Annual Meeting Theme
"The Psychiatrist and the Profession"
Issues & Ideas of Day
Number of AMG's choosing psychiatry continues to drop.
AADPRT sponsors an NIMH suported conference on recruitment of US medical graduates into psychiatry.

James W. Lomax *President 1994-1995*
Annual Meeting Theme
"Make New Friends But Keep the Old"
Issues & Ideas of Day
Lack of alignment between department chairs and residency directors prompts first joint meeting.
Implications of managed care for psychiatric education; removal of educational opportunities from their budgets.

"Most notably, the organization benefited greatly from the hard work and talents of numerous people in those days...I thank all of them...for assuring that AADPRT transitioned from latency to adolescence, and for the wonderful times."
Joel Yager, MD, tenth president, on the conclusion of AADPRT's first decade.

"When a small group of Residency Directors met in Chicago in 1970, it was recognized that they had awesome responsibilities, but little control over budget and program. The Department Chair controlled both. By forming a national organization, it was thought that influence could be created that would empower Directors. Little did we know that we would become the constituency that would influence psychiatry, not only within the departments and hospitals in which our residents served, but also within the politics of the APA."
Harvey D. Strassman MD, fourth president, reflecting on the first five years of AADPRT.

George L. Ginsberg *President 1987-1988*
Annual Meeting Theme
"The Three R's in Psychiatric Education: Recruitment, Resources Regulations"
Issues & Ideas of Day
Some subspecialties invited to join AADPRT.
Peter Henderson Memorial Award initiated.
Zebulon Taintor named first editor-in-chief of Journal of Academic Psychiatry.
Update
The Ginsberg Award is given in his memory.

Jerald Kay *President 1988-1989*
Annual Meeting Theme
"Preparing Psychiatrists for the 21st Century: Issues in Quality Education & Training"
Issues & Ideas of Day
Child and Adolescent recruitment is low; pre-meeting held to address the issue.
Managed care begins to impact many residency training programs.

Gordon Strauss *President 1990-1991*
Annual Meeting Theme
"Back to the Future–Our 20th Anniversary"
Issues & Ideas of Day
Contentious discussions on whether AADPRT should admit directors of all the rapidly multiplying ABPN certified psychiatric subspecialty fellowships.
Twentieth anniversary is celebrated with members and former presidents.

Kailie Shaw *President 1995-1996*
Annual Meeting Theme
"The Next Generation: Looking to the 21st Century"
Issues & Ideas of Day
AADPRT cosponsors meeting "The Impact of Economic and Health Care Delivery Changes on Residency Training Education" IMG Task Force spearheads mentorship program.

The 1990's

Mina K. Dulcan *President 1989-1990*
Annual Meeting Theme
"Teaching a Scientific Psychiatry"
Issues & Ideas of Day
Time, money, and good people

"I no longer had any anxieties about our prominence as an organization after we were picketed at our 1987 convention by the Scientologists, who were so worried about us that they actually had an elephant as part of their demonstration to show the magnitude of our sins. When I saw the elephant, I knew we had arrived as an organization."
William H. Sledge, MD, AADPRT's 17th president

Eugene Beresin *President 1997-1998*
Annual Meeting Theme
"Back to the Future: Integrity and Integration in Psychiatric Education"
Issues & Ideas of Day
Incorporating competencies into the RRC essentials as mandated by ACGME
Leading role to initiate the National Workforce Coalition to enhance medical student exposure to psychiatry.

Carlyle Chan *President 1996-1997*
Annual Meeting Theme
"Surfing the Third Wave: Residency Education in the Information Age"
Issues & Ideas of Day
Medicare final ruling restricts funding for residents conducting psychotherapy
Reduction of GME slots to 110% of US graduates
Combined residencies with primary care specialties expanding
Getting program directors to use email

Paul Mohl *President 1998-1999*
Annual Meeting Theme
"Generalists and Subspecialists: Partners in Educational Excellence"
Issues & Ideas of Day
Leading role in rewriting ACGME specialty requirements in psychiatry.
Formal relations established between AADPRT and subspecialty organizations.

Michelle Riba *President 1999-2000*
Annual Meeting Theme
"Teaching Cultural Competence in Psychiatry"
Issues & Ideas of Day
Recomendations to RRC regarding guidelines on assessment of competency.
First annual meeting to have track for program coordinators.

John Herman *President 2000-2001*
Annual Meeting Theme
"Still Competent After All These Years"
Issues & Ideas of Day
Psychiatry is first specialty to "go live" with competencies.
6.8 magnitude earthquake strikes on the opening day of the annual meeting in Seattle.

Martin J. Drell *President 2001-2002*
Annual Meeting Theme
"Lifelong Teaching, Lifelong Learning"
Issues & Ideas of Day
Influence of "Big Pharma" on residents and residency training
Virtual EC is established due to 9/11
Addressing issue of Triple Boards

Bruce R. Levy *President 2002-2003*
Annual Meeting Theme
"Emotion: The Mind, The Brain, The Person"
Issues & Ideas of Day
AADPRT is first organization to defend a challenge to a medical school's affirmative action policies
"Train the Trainers" Manual is developed.

Mark Servis *President 2007-2008*
Annual Meeting Theme
"Looking Inward Looking Forward: Teaching with Eyes Wide Open"
Issues & Ideas of Day
Development and administration of the CSV exam, CSV examiner training

Deborah Cowley *President 2008-2009*
Annual Meeting Theme
"The Mind at Its Best: Empathy, Learning and Belief"
Issues & Ideas of Day
APBN announces they will phase out the Part Two oral exam.
Institute of Medicine publishes report on "Resident Duty Hours"

"At 10:54 a.m. Wednesday, February 28th, a 6.8 magnitude earthquake struck western Washington…At the time, Lucille and I were meeting with the hotel managers...and the room began to shake. When pitchers of ice water tilted and crashed to the floor, and the staff bolted for the door, it dawned on me that this was not an average event. The conference went on, but more than a few flights carrying AADPRT members, ready to land in Seattle, diverted, never to return. The attendance was low but the spirits were high."
John Herman MD, 31st president, recalls the 2001 AADPRT meeting

The 2000's

David A. Goldberg *President 2004-2005*
Annual Meeting Theme
"Frontiers in Psychiatric Residency Training"
Issues & Ideas of Day
RRC revision process
Discussions with ABPN about future of Part Two oral board examination
Launch of Virtual Training Office

Lisa Mellman *President 2005-2006*
Annual Meeting Theme
"Uncertainty in the Age of Evidence"
Issues & Ideas of Day
Support for Louisiana psychiatric residents, programs, and patients after Hurricane Katrina
Collaboration with national organizations regarding changing residency training needs

Sandra B. Sexson *President 2003-2004*
Annual Meeting Theme
"Defining Training Directors' Competencies: Leadership, Responsibility and Group Process"
Issues & Ideas of Day
Implementation of ACGME duty hour regulations
Research literacy as training goal

Ronald Krasner *President 2006-2007*
Annual Meeting Theme
"Creating a Culture of Learning"
Issues & Ideas of Day
ABPN discontinues AV component, institutes vignette exam, announces plan for CSV process
AADPRT opens on-line abstract submission system

Academic Psychiatry Editors-in-Chief

1987-1989	Zebulon Taintor
1989-1995	Jonathan Borus
1995-2001	Samuel Keith
2001-2002	Paul Mohl
2002-2019	Laura Roberts
2019-	Adam Brenner

The 2010's

Sheldon Benjamin *President 2010-2011*
Annual Meeting Theme
"Inspiring Residents to Make a Difference"
Issues & Ideas of Day
Adapting to new ACGME duty hours regulations
Protecting combined training
Professionalism and the internet
Trainee safety

Richard F. Summers *President 2011-2012*
Annual Meeting Theme
"New Frameworks for Learning: Models, Meaning and Milestones"
Issues & Ideas of Day
NIMH' "All In" Policy
Move to milestone-based training announced
Threats to GME funding.

Adrienne Bentman *President 2013-2014*
Annual Meeting Theme
"A Vision for Residency Education: Focusing on Patients, Setting our Sights on Quality"
Issues & Ideas of Day
"Next" accreditation system
ABPN lifts combined program freeze
RC collaboration on guidelines revision
Integrated care training

Chris Varley *President 2014-2015*
Annual Meeting Theme
"Innovate, Integrate, Inspire: Educating the 21st Century Psychiatrist"
Issues & Ideas of Day
Increasing inclusion, participation, membership voices
Sara Stramel-Brewer succeeds Lucille Meinster as AADPRT Executive Director

Bob Boland *President 2015-2016*
Annual Meeting Theme
"Passionate & Wise: Inspiring Dedication, Retaining Humanity"
Issues & Ideas of Day
Protecting AADPRT's investments
Addressing leadership diversity
Duty hours, subspecialties, CAP fast-track requirements, trainee safety

Art Walaszek *President 2016-2017*
Annual Meeting Theme
"Define 'Psychiatrist' Merging Passions, Pressures and Values"
Issues & Ideas of Day
Zika outbreak in PR forces meeting move
Wellbeing, faculty development & PGY4 task forces
New Virtual Training Office launched

Kathy Sanders *President 2012-2013*
Annual Meeting Theme
"Tomorrow's Psychiatrist: Training for the Future"
Issues & Ideas of Day
Mindfulness in Psychiatric Education
Milestones 1.0 drafted for review by the field

Sandra DeJong *President 2017-2018*
Annual Meeting Theme
"Shaping the Future of Psychiatry"
Issues & Ideas of Day
Facing the opioid crisis
Integrating addiction training into psychiatry residency.
Supporting Puerto Rico programs after Hurricane Maria

Donna Sudak *President 2018-2019*
Annual Meeting Theme
"Psychiatry Training: The Next Generation"
Issues & Ideas of Day
Diversity & Inclusion Committee launched
Response to new ACGME Common Program Requirements
Expanded committee roles and member outreach

David Kaye *President 2009-2010*
Annual Meeting Theme
"The Mindful Leader in Changing Times"
Issues & Ideas of Day
Implementation of the Child and Adolescent CSV exam
Uniform (suggested) guidelines for applicants to Adult and Child Psychiatry

On March 11, a few days after the 2020 AADPRT meeting, COVID-19 officially become a pandemic and the world of residency training changed overnight. Psychiatry residents were redeployed to front-line medical services. Personal protective equipment was scarce. In-person meetings were transformed into a two-dimensional world called "Zoom." Mental health needs soared across the nation. Caregiver burnout was rampant. And in the midst of it all, the murder of George Floyd forced us to confront structural racism we have conveniently overlooked. As we've done for over 50 years, AADPRT members looked to one another for support as we guided our residents and institutions through incredibly stressful times.
Sheldon Benjamin MD, 41st president of AADPRT

The 2020's

Adam Brenner *President 2019-2020*
Annual Meeting Theme
"Reclaiming Meaning through Teaching"
Issues & Ideas of Day
New Workforce Taskforce established
Faculty burnout becoming rampant
COVID-19 pandemic breaks out

Melissa Arbuckle *President 2020-2021*
Annual Meeting Theme
"Innovation, Collaboration, and Inclusion"
Issues & Ideas of Day
Annual meeting (& all resident training) goes virtual due to pandemic
Resident wellbeing during COVID & resident redeployments
Improving diversity, equity & inclusion

Mike Travis *President 2021-2022*
Annual Meeting Theme
"Changing Self & Systems: Advancing Diversity, Equity & Inclusivity in Residency Training"
Issues & Ideas of Day
Race, Equity & Inclusion Organizational Assessment and AADPRT's response
Anti-Bias training for SC, EC, & all members

Sallie Grant *President 2022-2023*
Annual Meeting Theme
"Envisioning a New Way Forward"
Issues & Ideas of Day
New Residency Curriculum and Assessment Review Task Force
Protected time for program directors and administrators
Revision of AADPRT systems to be more anti-racist, transparent, equitable

American Association of Directors of Psychiatric Residency Training