



# American Association of Directors of Psychiatric Residency Training

## **Biosketch**

### **Kai Anderson, MD**

**AADPRT Position: Organizational Equity Committee  
Chair**



Dr. Kai Anderson is an Assistant Professor of Psychiatry at Central Michigan University Behavioral Health. She is the Associate Psychiatry Residency Program Director and Director of Psychotherapy Training and Ambulatory Behavioral Health Services. She developed the program's Social Justice, Antiracism, and Equity Curriculum. Previously as Clerkship Director she developed a curriculum to educate and screen for adverse childhood experiences. Dr. Anderson is board-certified in adult and forensic psychiatry. She completed her medical school education at Wayne State University and psychiatry residency at McGaw Medical Center- Northwestern University. Her areas of interest include child abuse and neglect, public health, sociocultural determinants of health, community psychiatry, psychodynamic and trauma-focused psychotherapy, transcranial magnetic stimulation, anti-racism education, and juvenile justice.

Dr. Anderson serves on the board of several community organizations and the board of the Saginaw County Medical Society. She is chair of the American Association of Directors of Psychiatry Residency Training Organizational Equity Committee.

Dr. Anderson has received awards for excellence in teaching and for contributing her expertise in mental health care to the community. She is passionate about health and organizational equity and is committed to ensuring that every individual is provided access to quality, clinically sound, culturally sensitive health care.