



American Association of Directors of Psychiatric Residency Training

Biosketch

Ayame Takahashi, MD

AADPRT Position: Presidential Appointee



Dr. Takahashi is a graduate of the Cornell University with a BA in Linguistics and a medical degree from the University of Kansas. Residency in general psychiatry was done at the McGaw Medical Center, Northwestern University in Chicago, Illinois. Child Psychiatry fellowship was done at the Weill Medical College of Cornell University, New York Presbyterian Hospital Westchester Division. After graduation she continued on as faculty at Cornell, serving as the Unit Chief of the child inpatient unit and then taking over as the child psychiatry training director on the Westchester campus. Also, during her time in New York, she trained in adult and child psychoanalysis at the Columbia Institute for Psychoanalytic Training and Research.

Dr. Takahashi came to SIU in 2006 for the opportunity to start a new Child and Adolescent Psychiatry training program. She is board certified in General Psychiatry and Child and Adolescent Psychiatry, and during her time here at SIU, obtained board certification in Addiction Medicine through the American Board of Addiction Medicine. She is also the associate program director for a new addiction medicine fellowship here at SIU.

She enjoys teaching at all levels, from medical students to residents in all disciplines. In her clinical work she enjoys doing psychodynamic psychotherapy, treatment of anxiety and mood disorders, and treatment of co-occurring disorders in the substance abusing population. She is active in AADPRT and AACAP in both of their psychotherapy committees. She is currently one of the co-chairs for the psychotherapy committee in AACAP and was recently selected to be a member of the Victor Teichner Award Committee through AADPRT and AADP.