

Model Curricula

Below is a list of curricula that have been peer-reviewed and adopted as Model Curricula. They are available to members in the Virtual Training Office (VTO). Access the VTO from your member account dashboard. Search by entering words in the search field or browse the Model Curricula Folder located in the Virtual Classroom folder.

- Tips for Developing a Model Curriculum
- Guide to the Model Curricula Resources
- Addictions
 - o The Stigma of Substance Use Disorders
 - Stigma Overall Curriculum
 - The Stigma of Substance Use Disorders Presentation
- An Introduction to Transcranial Magnetic Stimulation Curriculum
 - o Comprehensive faculty guide
 - o Two-lecture, pre-recorded Series on TMS in Depression and Beyond Depression by Kristen Raj, MD, Suzanne Kerns, MBBS, Carlos Lowell, DO, Philip Janicak, MD
- Archived Curricula
 - o Addictions
 - Yale University Curriculum for Alcohol Use Disorders: PGY-1 through -3 curriculum outline. By Ellen L. Edens, MD, MPE, David A. Ross, MD, PhD, Shannon Drew, MD, Donna LaPaglia, PsyD, David T. Pilkey, PhD, Bachaar Arnaout, MD, Ismene L. Petrakis, MD NYU 4-Year Addiction/Addiction Curriculum for general residency. By Stephen Ross, MD
 - o [Cultural Psychiatry](#)
 - A Four-Year Model Curriculum on Culture_Gender_LGBT_Religion and Spirituality for General Psychiatry Residency Training Programs in the United States by Russell F. Lim, MD, Alan K. Koike, MD, David M. Gellerman, MD, PhD, Andreea L. Seritan, MD, Mark E. Servis, MD, and Francis G. Lu, MD
 - NYU Medical Center Psychiatry Residency Training Program Cultural Psychiatry Model Curriculum, PGY-3 Curriculum.
 - o Evidence Based Medicine
 - University of Colorado Department of Psychiatry Evidence Based Medicine (EBM) Curriculum, a 3-year longitudinal curriculum
 - Yale Curriculum in Evidence-Based Mental Health, a 3-year curriculum
 - o Faculty Professional Development Program
 - LSU-OLOL Psychiatry Residency Program Baton Rouge LA New Faculty Professional Development Program; teaching new faculty the nuts and bolts of teaching, supervision, and evaluation.
 - o Family-Oriented Care in Adult Psychiatric Residency Training
 - Family-oriented care in adult psychiatric residency training, a 4-year curriculum
 - o [Frameworks for Understanding Child and Adolescent Psychiatry Development](#)
 - Cambridge Health Alliance PGY-3 "Frameworks for Understanding Child and Adolescent Development" year-long course; weekly course outline and reading list for each session.
 - o Neurology



- Two part NYU Neurology for Psychiatrists lecture
- o Professionalism
 - University of Florida Dr. Richard C. Christensen Memorial Project Ethics in Psychiatric Practice Curriculum; 6 learning modules, video resources
 - University of Washington 4 year Professionalism Curriculum
- o Psychosomatic Medicine
 - University of Washington Collaborative Care Consultation Rotation Curriculum also contains slide sets
 - Consultation-liaison psychiatry rotation curriculum development with didactics
 - Collaborative care in primary care curriculum; didactic slide sets; case study formats
- o Quality Improvement
 - [University of Wisconsin Psychiatry Quality Improvement Curriculum](#)
 - Curriculum Overview
 - Essential QI Toolbag
 - Intro to QI PowerPoint slides
 - Patient Safety PowerPoint Slides
 - UW Psychiatry QI Workbook Cover Worksheet
 - UW Psychiatry QI Workbook Rotation and Seminar Series
 - A model curriculum and implementation toolkit to promote wellness and resiliency in residents
- o Residents as Supervisors and Teachers
 - A curriculum to train residents in how to supervise junior residents with a focus on cultural competence.
 - A curriculum to train residents to teach and to encourage their own learning
- o Resource Management Curriculum
 - A model curriculum to assist with teaching systems-based practice taking into account costs of care
- o Systems Based Practice
 - A model curriculum for teaching systems-based practice, didactics, outpatient based, person-centered care with power point
- o The Psychiatric Interview
 - 38 lecture series on the psychiatric interview
 - A resident safety curriculum
- Child Development Curricula Folder
 - o A Teaching Curriculum of Psychodynamic Psychopharmacology for Children and Adolescents: Bridging the Past to the Future
 - Curriculum Outline
 - Introduction to psychodynamic psychopharmacology
 - Meaning of medication
 - Therapeutic alliance_Transference and Countertransference in psychopharmacology
 - o Can You Integrate The Teaching Of All The Therapies: The Description of a Course for Child and Adolescent Training That Attempts To Do So by Martin J. Drell, MD
 - o Psychiatric Assessment of Preschool age Children by Mariam Rahamani, MD
 - Appendix 1
 - Appendix 2



- Appendix 3
- Overview
- Community Psychiatry
 - Community Psychiatry by Ana Turner, MD, FAPA, Laurel Blackman, DO, MBA, Elizabeth Chapman MD, Psychiatrist, Sarah Y. Vinson, MD
- Creating opportunities for organizational Leadership track COOL
 - A 4-year curriculum for resident leadership development through participation in quality improvement projects by Chandlee Dickey, M.D., Rodney Dismukes, Ph.D., M.H.A, David Topor, Ph.D.
- Effective Communication with CAP Patients Folder
 - Effective Communication with Child and Adolescent Psychiatric Patients during High Expressed Emotions and Communication De-escalation Guide by Sydney Cabana, MD, Valentine Anyiam, MD, Mariam Rahmani, MD
- Expressive therapies in psychiatric clinical practice
 - Curriculum - Expressive Therapies in Psychiatric Clinical Practice by Mariam Rahmani, MD, DFAPA, DFAACAP, Hsila Bates, MD, Stephanie Davidson, MD, Antoinette Jakobi, MD, Ardis Martin, MD
 - Slides - Expressive Therapies in Psychiatric Clinical Practice
- Family-Oriented Care in Adult Psychiatric Residency Training A joint curriculum from: GAP Committee on the Family Ellen Berman, Alison Heru, Henry Grunebaum, Alan Josephson, Greg Miller, John Rolland, John Sargent, Gwyn Cattell and University of Pennsylvania Department of Psychiatry Ellen Berman, Co-Director, Center for Couples and Adult Families
- Interactive Mental Status Exam E-Module
 - An Interactive Mental Status Exam E-Module by Judith Lewis, MD, Jeremiah Dickerson, MD, Erin Curtis, MD
- Introduction to Psychotherapy and the Treatment Relationship from an Integrative Perspective Folder
 - A Psychotherapy Curriculum Combining Neuroscience and Traditional Psychotherapeutic Understanding for Residents and Other Beginners APA Psychotherapy Caucus Training Advancement Initiative (TAI) Curriculum and Program Development Workgroup by Joshua Pretsky, MD, Dalia Balsamo, MD, Ellen Berman, MD, Alan Chen, MD, Mardi Horowitz, MD, Roberta Isberg, MD, Rajesh Mehta, MD, Andrew T. Olagunju, MD, PhD, Jennifer Narvaez, MD, Mark Poster, MD, A. Gita Ramamurthy, MD, FRCP, Arnold Robbins, MD
- Journal Club
 - Journal Club Super Star, Adriane M. dela Cruz, MD PhD, Marisa Touns, MD, Lindsey Pershern, MD, University of Texas Southwestern Medical Center, Dallas, TX and University of Texas Dell Medical School, Austin, TX
- Mental Health and Transitional Age Youth
- A curriculum for clinicians and trainees
 - Addressing Suicide in Transitional Age Youth pdf
 - Addressing Suicide in Transitional Age Youth powerpoint
 - ADHD in Transitional Age Youth pdf
 - ADHD in Transitional Age Youth powerpoint
 - College Mental Health 101 pdf
 - College Mental Health 101 powerpoint



- o Early Psychosis in Transitional Age Youth powerpoint
- o Eating Disorders in Transitional Age Youth pdf
- o Eating Disorders in Transitional Age Youth powepoint
- o Ethical and Legal Considerations in Transitional Aged Youth powerpoint

- o Ethical and Legal Considerations in Transitional Aged Youth slides 2
- o Learning Disorders and Developmental Disabilities in Transitional Age Youth slides
- o Learning Disorders and Developmental Disabilities in Transitional Age Youth_slides 2
- o Normal Development in Transitional Age Youth pdf
- o Normal Development in Transitional Age Youth powerpoint
- o Promoting Post High School Success the Physicians Role in Health Care Transition Preparation and Planning slides
- o Psychiatric Assessment of Transitional Age Youth pdf
- o Psychiatric Assessment of Transitional Age Youth powerpoint
- o Reproductive and Sexual Health in Transitional Age Youth pdf
- o Reproductive and Sexual Health in Transitional Age Youth powerpoint
- o Transitional Age Youth Substance Use and SUD pdf
- o Transitional Age Youth Substance Use and SUD powerpoint
- o Trauma in Transitional Age Youth pdf
- o Trauma in Transitional Age Youth powerpoint
- Neurocognitive Education for Psychiatry Residents -- A Simulation Based Curriculum
- Physician Development and Identity Formation – A curriculum for Psychiatry Residents. This integrated, longitudinal curriculum spans the four years of psychiatry residency, thoughtfully matching each topic to the appropriate level of training and stage of identity development.
 - o ABPN Article Based Continuing Certification ABCC Pathway
 - o ABPN Continuing Certification CC Program
 - o ABPN Sample Article Psychiatry
 - o AMA PRA Frequently Asked Questions for Physicians
 - o Article Assessment Program Article List
 - o Attendinghood The Nuts and Bolts and Professional Development Post Residency by Marla Shu, Suzanne Murray, Laura LaPlante
 - o Bingo
 - o Breakout Rooms
 - o Calendar
 - o Career Planning Reflective Writing
 - o Cinicism in Medicine Questionnaire
 - o Cultivating a Way of Being and Doing Individual Strategies for Physician Well Being and Resilience by Albina Gogo, MD, Amanda Osta, MD, Hilary McClafferty, MD, and Deborah T. Rana, MD
 - o Cultivating Connection with Self and Others
 - o CV Format for Faculty
 - o Guidance 303G1 Social Networking Guidance
 - o In Class Exercise Dissecting the Problem Fear Dare
 - o In Class Exercise Identifying Professional Goals
 - o In Class Exercise Mentorship Ten
 - o Introduction to Physician Development and Identity Formation



- o Introduction to Physician Development and Identity Reflective Writing
- o Lifelong Learning at Work
- o List of Potential Values
- o My Private Practice Social Media Policy by Keely Kolmes, Psy.D.
- o My Three Shrinks Personal Stories of Social Media Explorations by Steve Daviss, Annette Hanson & Dinah Miller
- o Physician Development and Identity Formation A Curriculum for Psychiatry Residents by Laura Marie LaPlante, MD, Suzanne Murray, MD
- o Pleasant Activities
- o Pleasant Activities Pandemic Edition
- o Post Residency Professional Development Reflective Writing
- o Pre Class Exercise
- o Pre Class Reflective Writing
- o Professional Development Goals
- o Professional Goals Alphabet Soup and Beyond
- o Psychiatry in the Digital Age
- o Psychiatry in the Digital Age Part 1
- o Psychiatry in the Digital Age Part 2
- o Psychiatry in the Digital Age Physician Development
- o Self Compassion Scale SCS
- o SMePROF S Scale
- o Social Networking Policy
- o The Defusion Smorgasbord
- o The Dime Game Figuring Out How Strongly to Ask or Say No
- o The Making of a Psychiatrist The Resident View of the Profess of His Professional Development
- o The New Professionalism
- o VTO Model Curricula Revision Rubric
- o Wellness and Resilience
- o What's Next CV Preparation Job Hunting and Information Interviewing
- Professionalism Folder
 - o This curriculum uses historical cases to present the trainee with a common clinical scenario and then lead them through key themes, historical context, and regional variation.
 - o Understanding Confidentiality: Protecting your patient, third parties, and yourself by Tobias Wasser MD, Stephanie Yarnell-Mac Groy MD PhD, Katherine Michaelsen MD
- Quality Improvement Folder
 - o Quality Improvement Curriculum Engaging Psychiatry Residents in Implementation and Quality Improvement Strategies by Melissa R. Arbuckle, MD, PhD and Deborah L. Cabaniss, MD
 - o Utilizing Root Cause Analysis to Teach Trainees about Quality Improvement
 - o Getting to the Root of the Problem: Utilizing Root Cause Analysis (RCA) to Teach Trainees about Quality Improvement by Ann Schwartz, MD
- Sports Psychiatry: A Portable, Didactic Curriculum by Claudia L. Reardon, MD, Vuong Vu, MD, Allie Dyer, Robert M. Factor, MD, PhD, Ira Glick, MD, Pratik Mehta, MD, Todd Stull, MD
- Telepsychiatry
 - o Pediatric Telepsychiatry for Graduate Medical Education and Continuing Medical Education by Sandra M. DeJong, MD, MSc
- The Virtual Couch Folder: A Curriculum on the Question of the Fundamentals of Remote Psychotherapy – Pilot Study
 - o The Virtual Couch: A Curriculum on the Fundamentals of Teletherapy by



American Association of
Directors of Psychiatric
Residency Training

Julia Shekunov, MD, Maria Saliba, MD, Cosima Swintak, MD, Kristin Somers, MD, Bhanuprakash (Bhanu) Kolla, MBBS, MD, Anne Ruble, MD, MPH, Seamus Bhatt-Mackin, MD, David Topor, PhD, MS-HPEd, Aimee Murray, PsyD, LP, Magdalena Romanowicz, MD

- Tips for Developing a Model Curriculum
 - A primer and guide to developing a model curriculum, particularly for submission as an AADPRT model curriculum