

UCLA Psychiatry Residency Training Program

We are a large program located in metropolitan Los Angeles, utilizing major training sites such as the Resnick Neuropsychiatric Hospital at UCLA and the VA West Los Angeles Healthcare Center. We provide extensive exposure to diverse patient populations and a variety of treatment settings, including inpatient, outpatient, day program, consultation-liaison, integrated mental health, and long-term psychotherapy. Instruction covers many aspects of psychiatric treatment, such as psychodynamic therapies, cognitive behavioral therapies, psychopharmacology, and neuromodulation. Our approach to understanding mental illness integrates neuroscience, evidence-based medicine, social determinants of health, structural competency, health equity, and psychodynamic approaches. We employ a resident-centered approach where trainees play an active role in quality improvement, as we believe that the strength of our program is rooted in the residents themselves!