

## **San Mateo Psychiatry Residency**

San Mateo County General Hospital became one of the first model community mental health centers in the country in the 1960s and the birthplace of the first chapter of NAMI in 1974. Our psychiatry residency program launched in 1965 with a focus on public psychiatry.

Today, San Mateo County Behavioral Health and Recovery Services provides a structured training environment committed to outstanding comprehensive medical education with a rigorous focus in the public health sector including clinical care, scholarly activities and advocacy informed by the values of social justice and health equity. We are dedicated to training physicians to develop expertise in improving the overall health of all community members, particularly those who are underserved or marginalized.

We emphasize a person-centered and recovery-oriented approach to care for the individuals in our community. From home visits to geriatric patients, to evaluating patients in the county's designated psychiatric emergency room, to participating in many of the BHRS strategic initiatives for mental health, our psychiatry residents are part of the constructive solutions to the critical problems facing today's mental health care system.

In addition to our residency program's commitment to public psychiatry and rotations at the San Mateo County BHRS health system, we also provide clinical rotations in other health care settings to give our residents a wide range of psychiatric training experiences. We have several rotations within the Kaiser Permanente health system including addiction psychiatry, child psychiatry, and neurology. We also have established rotations within the Stanford University Hospital and Clinics including child psychiatry and neurology. These rotations give our residents significant exposure to the structures of care within the HMO setting and as well as at a major academic center.

Highlights of our program include:

Public psychiatry, including experiences in our own county psychiatric emergency service, the opportunity to do home visits and outreach to our most vulnerable patients, and emphasis on health equity and social justice. Longitudinal outpatient clinic experiences and psychotherapy training beginning in PGY2. Diversity of training sites to provide a comprehensive experience. Emphasis on "Leading Now" with opportunities to collaborate with institutional leadership and to participate in resources and program development on high impact issues. Flexible elective time that can be scheduled throughout PGY 2-4 to support resident-driven learning and scholarly work.

A supportive and "professional family" atmosphere. Location in the vibrant and diverse San Francisco Bay Area.

We look forward to meeting you and discussing the ways our training program can help you launch your career as a psychiatrist!