

## **Thomas Jefferson University Hospital**

The Thomas Jefferson University Hospital Psychiatry Residency provides training in a full range of subspecialties, including adult inpatient and crisis care, outpatient psychiatry, geriatric psychiatry, substance use disorders, consultation-liaison psychiatry, women's mental health, pain management, sleep medicine, and integrative medicine. Our residents receive robust training in psychotherapy, including psychodynamic psychotherapy, cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), and acceptance and commitment therapy (ACT).

Our department has a collegial atmosphere with a central focus on education. In addition to clinical training, residents can expect weekly didactics tailored to their educational needs, informal mentorship, regular discussions related to career development, and lively social activities to build camaraderie. As our residents master the specialty knowledge base and hone their clinical skills, they also learn the value of professional relationships with trusted colleagues.