



American Association of Directors of Psychiatric Residency Training

Lifetime Service Award

The purpose of the award is to acknowledge a psychiatrist member who has either provided significant service to AADPRT, had an impact on psychiatric residency education nationally, demonstrated excellence in psychiatric residency education, or provided generativity and mentoring in residency, or some combination of these. The awardee will be honored at the Annual Meeting.

2026

Francis Lu, MD, DLFAPA, FACP

Dr. Lu's career spanning over four decades stands as a model of excellence in psychiatric education, mentorship, and leadership. His profound influence on the training of generations of psychiatrists, both in the United States and internationally, exemplifies the spirit of this award. From the earliest days of his career at San Francisco General Hospital and the University of California, San Francisco, Dr. Lu distinguished himself as a visionary in psychiatric education. He founded the Asian/Pacific American Psychiatric Inpatient Program at San Francisco General, the first program of its kind in the nation. This groundbreaking initiative was not only a model of culturally responsive care but also a living training laboratory where residents and students learned how to integrate cultural competence into clinical practice. The program influenced national discourse on cultural psychiatry, setting a precedent for residency training across the country. Upon joining the University of California, Davis, Dr. Lu served as the Luke & Grace Kim Endowed Professor in Cultural Psychiatry, where he directed cultural psychiatry training for medical students, residents, and faculty. Under his leadership, UC Davis received the AADPRT Model Curriculum Award in Cultural Psychiatry in 2010, recognizing his extraordinary contributions to embedding culture, diversity, and humility into psychiatric education. His curricular innovations—ranging from the use of films in teaching cultural psychiatry to the development of structured approaches such as the DSM Cultural Formulation Interview—have been widely disseminated and remain cornerstones of training programs nationwide. Dr. Lu's scholarship reflects his deep commitment to advancing psychiatric education. He has co-edited essential volumes such as the Clinical Manual of Cultural Psychiatry and the DSM-5 Handbook on the Cultural Formulation Interview, both of which serve as vital resources for educators and trainees alike. His articles and curricula on cultural competence, spirituality in psychiatry, and diversity in medical education have shaped how psychiatry is taught and practiced. These contributions demonstrate his unique ability to translate scholarship into practical tools for education and mentorship. Equally remarkable is Dr. Lu's lifelong dedication to mentorship. He has guided countless medical students, residents, fellows, and junior faculty, many of whom now hold leadership positions in psychiatry, including multiple chairs and program directors. His mentorship extends beyond academic skills; he has been a steadfast advocate for nurturing the careers of those underrepresented in medicine, ensuring that the next generation of psychiatrists reflects the diverse communities they serve. His mentees consistently describe him as inspiring, supportive, and transformative in their professional development. Relevant to this award, Dr. Lu's direct contributions to AADPRT are remarkable. He has been a member of AADPRT since 1990! He has attended 34 Annual AADPRT meetings and has been a presenter in 31 workshops and 3 posters, a level of participation and contribution that may be unmatched.



His service to AADPRT is also notable, having been a member and mentor on the IMG Fellowship Committee (now the Nyapati Rao/Francis Lu IMG Fellowship) since 1996, a Recruitment Committee member since 2011, a Justice, Equity, Diversity and Inclusion Committee member since 2018, and most recently since 2022 and member of both the Workforce Committee and Committee on Organizational Equity. Dr. Lu's unflagging commitment to the principles of diversity, equity, inclusion and justice have characterized his career long before it was taken up more broadly in academia and has remained undeterred during the more recent incursions into DEI initiatives. He has utilized an effective strategy of persuasion and policy change to create change and embed DEI in professional organizations and institutions. More than anyone else in psychiatry, Dr. Lu has advanced the cause of diversity, equity, inclusion and justice as a happy warrior for decades. On a more personal level, I know Dr. Lu well from his time as my Associate Program Director at UC Davis for several years when I was the training director. I can attest to his high professionalism, integrity, humility, and collegiality, and his commitment to helping others in all circumstances. He is one of finest individuals I know professionally and personally and an outstanding role model for me and many others. In sum, Dr. Francis G. Lu embodies the very best of psychiatric education, mentorship, and service. His legacy is evident not only in his scholarship and curricular contributions but, more importantly, in the countless psychiatrists he has mentored and inspired and for his extraordinary and sustained impact on psychiatric education and training.

Nominated by:

Mark Servis, MD

UC Davis School of Medicine

2025

Eugene V. Beresin, MD

Dr. Beresin is Executive Director of the new Clay Center for Young Healthy Minds that is devoted to promoting the emotional and behavioral wellbeing of young people by providing innovative education about mental health for parents, those who work with youth and young adults and for young people themselves. Its website, www.mghclaycenter.org, is aimed at fostering resilience, preventing mental illness and helping those with psychiatric disorders understand how to get the best possible help. He is Director of the Elizabeth Thatcher Acampora Endowment, an outreach program to meet the needs of underserved youth and families in three community settings. As a clinical educator, Dr. Beresin was Director of Child and Adolescent Psychiatry Residency Training at MGH and McLean for 30 years. He served as a leader of many national organizations and has won a number of local and national teaching awards, including the Vestermark Award for Outstanding Teaching by the American Psychiatric Association (APA) and the National Institute of Mental Health; the Parker Palmer Courage to Teach Award, by the Accreditation Council of Graduate Medical Education; and The Nancy Roeske Award for Outstanding Medical Student Teaching by the APA. He is Distinguished Life Fellow of the American Psychiatric Association, Distinguished Fellow of the American Academy of Child and Adolescent Psychiatry, and Fellow of the American College of Psychiatrists. Dr. Beresin served as President of the American Association of Directors of Psychiatric Residency Training, and is President of the American College of Psychiatrists. He was creator and central director, now site director at MGH, of the required Harvard Medical School two year required curriculum, The Developing Physician: Lifelong Integration of Personal and Professional Growth with Sensitive, Compassionate Care that focuses on reflective practice, ethics, professionalism, and the patient-doctor relationship. He is Deputy Editor and Media Editor for Academic Psychiatry and has published numerous papers and chapters in a wide variety of topics, including medical education, eating disorders, personality disorders and mental health and the media. His book Music in the series Arts for Health, was released in 2022.



His book *Ways to Help Your Lonely Teen: A Guide to Implementing the U.S. Surgeon General's 7 Recommendations for Parents and Caregivers* was released in 2024. Dr. Beresin is Director of Education for the MGH Division of Education, a partnership of the MGH Psychiatry Academy and the Clay Center for Young Healthy Minds.

Dr. Beresin has consulted to a variety of television shows including ER and Law and Order SVU.

He was Consultant to the Emmy Award winning HBO children's specials, *Goodnight Moon* and *Other Sleepytime Tales* (2000), *Through a Child's Eyes: September 11, 2001* (2003) and *Classical Baby* (2005). He co-produced a Parenting Resource website for abcnews.com. He was script consultant, expert, and actor in *Brains on Trial*, a PBS broadcast (2013).

Nominated by:

Geri Fox, MD

University of Illinois College of Medicine

2024

Sheldon Benjamin, MD, DLFAPA, FAAN, FANPA

Sheldon Benjamin, MD is Professor of Psychiatry and Neurology at the University of Massachusetts Chan School of Medicine (UMass Chan), where he has served as Director of Neuropsychiatry since 1986. He served as Interim Chair of Psychiatry from 2017-2020, Director of the UMass Chan Neuropsychiatry Fellowship since 1989, founding director of the Combined Neurology/Psychiatry Residency Program from 1997-2020 (now associate director), and co-director of the UMass Chan fellowship in Adult Neurodevelopmental Disabilities. In 2020 he stepped down after 25 years as Psychiatry Program Director and is now Vice Chair for Education and Associate Program Director.



A graduate of the University of Cincinnati College of Medicine, he completed psychiatry residency training at Tufts New England Medical Center, neurology residency training at Tufts and Boston University, and fellowship in Behavioral Neurology at the Boston University/Boston Veterans Administration Hospital. He is board certified in both Psychiatry and Neurology (ABPN) and in Behavioral Neurology and Neuropsychiatry by the United Council on Neurological Subspecialties.

Dr. Benjamin is currently one of the Directors of the American Board of Psychiatry and Neurology. He has served as President of the American Association of Directors of Psychiatry Residency Training (AADPRT) and President of the American Neuropsychiatric Association (ANPA). He is a Distinguished Life Fellow of the APA, a Fellow of the American Academy of Neurology and a Fellow of ANPA.

Dr. Benjamin has been selected as the recipient of the Outstanding Educator Award by the Massachusetts Psychiatric Society, The UMass Chan Lamar Soutter Lifetime Achievement Award in Education, the UMass Chan Chancellors Medal for Distinguished Teaching, and the American Neuropsychiatric Association's Gary J Tucker, MD Lifetime Achievement Award in Neuropsychiatry.

A specialist in the evaluation of behavioral problems at the interface of psychiatry and neurology, he teaches clinical neuroscience and neuropsychiatry; and has published and presented widely on neuropsychiatry, clinical neuroscience training of psychiatrists; neurocognitive and neuropsychiatric examination techniques; educational technology; residency training issues; and the history of neuropsychiatry.

Nominated by:

Isheeta Zalpuri, MD

2022

Michael D. Jibson, MD, PhD

Professor of Psychiatry and Associate Chair for Education and Academic Affairs
University of Michigan



I graduated from University of California Santa Cruz in chemistry and psychology. Despite an early interest in psychiatry, I instead followed my undergraduate faculty's advice and pursued a PhD in biochemistry at the University of California San Francisco, followed by postdoctoral work in chemical immunology at the Weizmann Institute. While there, a perceptive mentor suggested that I spend less time thinking about my next postdoc and more time thinking about what I wanted to do for the rest of my life. I promptly applied to medical school, attended University of California Davis, and did my residency and fellowship at Stanford.

Not having fully resolved my career ambivalence, I agonized throughout my postgraduate years over whether I should follow the career track of my clinical advisors or that of my research advisors. Only when faced with the prospect of leaving California in search of affordable housing (my infant daughter's bassinet was in the bathroom) did I finally ask myself what the perfect job would actually look like. The answer was unambiguous, I wanted to be a teacher.

I moved to University of Michigan in 1993, immediately became involved in medical student teaching, and in 1996 became residency education director, a position I held for the next 24 years. Although I recently handed that off, I continue as associate chair for education and co-director of the medical school's behavioral science curriculum.

AADPRT has been a perk of the job, with wonderful colleagues who have become lifelong friends and repeated opportunities to pursue projects and interests with potential to improve the lives of our trainees and the field at large. I am grateful beyond measure to the organization and its members for the chance to join them in this work.

Nominated by:

Heather Schultz, MD, MPH

University of Michigan

2021

Deborah Cowley, MD

Professor Emerita
University of Washington Medical Center



Dr. Deborah Cowley completed her M.D. at the University of Pennsylvania and her Psychiatry residency at the University of Washington. Currently, she is professor emerita in the Department of Psychiatry and Behavioral Sciences at the University of Washington. She was the department's Psychiatry Residency Director 1997-2015 and Vice Chair for Education 2005-2020. Her clinical work, teaching, and scholarship focus on perinatal psychiatry, anxiety disorders, psychiatric education, and faculty development. She has served as President

of the American Association of Directors of Psychiatric Residency Training (AADPRT); has chaired AADPRT committees on research in residency, Child portal programs, duty hours, Milestones assessment, and faculty development; and has served on the ACGME Psychiatry Milestones Workgroup and American Psychiatric Association Practice Guidelines Steering Committee.

Nominated by:

Mark Servis, MD

University of California, Davis

2020

Adrienne Bentman, MD

Dr. Bentman is the Psychiatry Residency Program Director at the Institute of Living/Hartford Hospital (IOL/HH), Hartford, CT; re-establishing it as an independent, Hartford Hospital- affiliated program in 2003. She received her B.A. from Wesleyan University and her M.D. from the University of Pennsylvania School of Medicine. She was elected to Alpha Omega Alpha. She is board-certified in both internal medicine and psychiatry, completing her medical residency at the Brigham and Women's Hospital and her psychiatry residency at McLean Hospital. She completed sub-specialty training in both consultation-liaison psychiatry and in adolescent and family psychiatry. She carried this training into the clinical world, as psychiatrist-in-charge of the Adolescent and Family Treatment Unit at McLean Hospital and later as attending and director of education on the inpatient unit, outpatient clinic, and CL services at the IOL/HH. She has won numerous local teaching awards for these efforts and was awarded the AACAP Robert Cancro Academic Leadership Award in 2010. Dr. Bentman serves on the University of Connecticut School of Medicine Residency Review Committee for Graduate Medical Education and chaired the Committee for 10 years.



Dr. Bentman found her educator's home in the American Association of Directors of Psychiatry Residency Training (AADPRT). Her work as co-chair of the Assistant/Associate Program Director Task Force led to assistant/associate program director participation on the executive council and to founding of the Assistant/Associate Program Director Caucus. She was a member and then co-chair of both the Membership Committee and the RRC Task Force. Dr. Bentman served as AADPRT's Program Chair in 2012 and as President in 2014.

Dr. Bentman's longstanding interest in resident developmental competency was more formally expressed as a member of the ACGME Milestone 1.0 Working Group and as the Psychiatry Review Committee's representative to the Milestone 2.0 Working Group. She serves now as a member of the ACGME Psychiatry Review Committee. In addition to residency quality and resident competence, her interests include ways to create and maintain an educational holding environment and the teaching and incorporation of psychodynamic principles in case formulation and patient assessment and interaction in the varied settings in which we practice.

Nominated by:

Sallie De Golia, MD, MPH

Stanford University

2019

James W. Lomax, II, MD

Dr. Lomax is the Karl Menninger Chair for Psychiatric Education and former Brown Foundation Chair for Psychoanalysis and Associate Chairman and Director of Educational Programs in the Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine. He received his B.A. from Rice University in 1967 (Magna Cum Laude) and his M.D. (with honors) from Baylor College of Medicine in 1971. He was elected to Phi Beta Kappa and Alpha Omega Alpha. His internship in internal medicine at the University of Oregon/Portland VAH was followed by a residency in general psychiatry at Baylor College of Medicine. He served as chief resident and received the Eugen Kahn Award as the overall most outstanding resident. Dr. Lomax completed psychoanalytic training in 1986 at the Houston- Galveston Psychoanalytic Institute. He was appointed Professor of Psychiatry at Baylor in 1989 and Training and Supervising Psychoanalyst at the Houston-Galveston Psychoanalytic Institute in 1998. He is an adjunct faculty member and Board of Trustee member of the Institute for Spirituality and Health of the Texas Medical Center. He has chaired the planning committee for the annual Psychotherapy and Faith Conference for the Institute for 27 years and made many presentations at the conference.



Dr. Lomax is a former president of the American Association of Directors of Psychiatry Residency Training (AADPRT), Fellow of the American College of Psychiatrists (ACP), and Distinguished Fellow of the American Psychiatric Association (APA). He is a former president of the Houston Psychiatric Society and served on the Executive Board of the Rice University Alumni Association. Dr. Lomax served on the Residency Review Committee for Psychiatry and the Part I (Testwriting) Committee of the American Board of Psychiatry and Neurology.

Dr. Lomax served as Vice Chair or Chairman of Baylor's Graduate Medical Education Committee for 12 years with oversight responsibility for more than 1,200 residents in 78 ACGME accredited residency programs. He has served as Vice Chair of Baylor's Faculty Appointments and Promotions Committee. He was chair of Baylor's Academy of Distinguished Educators and has received three Fulbright and Jaworski Faculty Excellence in Education Awards. He was chosen as the Distinguished Faculty Awardee by the Baylor College of Medicine Alumni Association in 2009.

Dr. Lomax has been recognized in The Best Doctors in America since its inception in 1992 and a Texas Monthly Top Doc since 2003. He received the Barbara and Corbin Robertson Presidential Award for Educational Excellence in 2003 and the Margaret and Ben Love, Bobby R. Alford Professionalism Award in 2007. He received the Oskar Pfister Award for excellence in Psychiatry and Spirituality in 2016.

Dr. Lomax's clinical interests are in psychoanalytic treatment of anxiety, mood, and personality disorders. His scholarly interests include the interface between religion, spirituality, and healing from a psychiatric and psychoanalytic perspective; sources of meaning in medicine; and ways to teach, measure, and remediate issues of professionalism in medical education. He received the Oskar Pfister Award for excellence in Psychiatry and Spirituality in 2016 and was a Visiting Professor at Universidade Federal de Juiz de Fora in 2014. He made presentations at the First and Third International Symposium on Spirituality in Clinical Practice in Porto Alegre and Canela Brazil in 2014 and 2018 respectively.

Nominated by:
Kim-Lan Czelusta, MD
Baylor College of Medicine

Laura Roberts, MD, MA

Dr. Laura Roberts serves as Chairman and the Katharine Dexter McCormick and Stanley McCormick Memorial Professor in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine. She is an internationally recognized scholar in bioethics, psychiatry, medicine, and medical education and is identified as the foremost psychiatric ethicist in this field. Over two decades, Dr. Roberts has received scientific, peer-reviewed funding from the National Institutes of Health, the Department of Energy, and private foundations to perform empirical studies of modern ethical issues in research, clinical care, and health policy, with a particular focus on vulnerable and special populations. Her work has led to advances in understanding of ethical aspects of physical and mental illness research, societal implications for genetic innovation, the role of stigma in health disparities, the impact of medical student and physician health issues, and optimal approaches to fostering professionalism in medicine. She has written hundreds of peer-reviewed articles and other scholarly works, and she has written or edited many books on professionalism and ethics in medicine, professional development for physicians, and clinical psychiatry. Dr. Roberts serves in several leadership roles at Stanford University and in the Stanford Medicine enterprise and was the first woman to be elected President of the American Association of Chairs of Departments of Psychiatry. Dr. Roberts has served as the Editor-in-Chief, Books for the American Psychiatric Association since 2016 and has been the Editor-in-Chief for the journal *Academic Psychiatry* since 2002. She serves as an editorial board member and peer reviewer for many scientific and education journals.



Nominated by:
Gene Beresin, MD
Massachusetts General Hospital/Harvard Medical School