

Einstein Healthcare Network

Einstein Medical Center's Department of Psychiatry offers a general training program designed to prepare residents for the broad practice of psychiatry. The four-year, ACGME-accredited program accepts eight to ten qualified residents each year. Individual clinical supervision is emphasized to enhance education and clinical acumen. Rotations are carefully coordinated between Einstein Medical Center, Belmont Behavioral Hospital, Philadelphia Children's Crisis Response Center, and the Crisis Response Center.

Our resident psychiatrists enjoy a balanced exposure to both psychotherapy and psychopharmacology through a variety of subspecialty rotations. Clinical experiences include: consultation & liaison, substance use disorders, affective disorders, psychotic disorders, personality disorders, geriatric psychiatry, emergency psychiatry and child/adolescent psychiatry. Both primary clinical sites offer electroconvulsive therapy as a treatment modality and Belmont Behavioral Health Hospital offers outpatient transcranial magnetic stimulation (TMS) and dialectical-behavior therapy (DBT).

Psychoanalytic education begins in the first couple years, with Einstein's unique seminar initially developed by renowned psychiatrist Dr. Harold Kolansky. The curriculum is supported by contributions from scholarly analysts who visit periodically for case presentation and collaborative discussion on psychoanalytic theory. Additionally, residents enjoy the opportunity to formulate and present their own cases for psychoanalytic interpretation during didactics, receiving feedback and input from both resident peers and visiting analysts. The program also has a strong affiliation with the Psychoanalytic Center of Philadelphia, where many residents seek supplemental training.

These features, combined with Einstein's friendly and flexible atmosphere, enable residents to create a personalized curriculum that reflects their individual interests. Einstein graduates have graduated to competitive fellowships representing every subspecialty of psychiatry, engage in clinical research at the nation's leading academic centers, and frequently elect to remain on faculty within the Einstein Healthcare Network.