

Institute of Living/Hartford Hospital

The Institute of Living/Hartford Hospital Psychiatry Residency is part of a large psychiatric treatment center with a rich history dating back to 1822. It is located in a medical complex which includes an urban, academically-affiliated teaching hospital with a level-1 trauma center and a free-standing children's hospital serving the diverse population of Hartford and the surrounding suburbs. There is a dedicated psychiatric emergency department and a busy psychiatric consultation service - important training sites for residents. The psychiatric campus houses an inpatient psychiatric hospital with specialized units: mood disorders, psychotic disorders, geriatric, child, and adolescent. The campus also includes many specialized intensive outpatient programs, an anxiety disorders center, an autism center, a neuropsychiatric research center, a center for racial trauma and community healing, ECT/TMS and interventional psychiatry center, and the therapeutic K-12 Grace Webb School.

With a program emphasis on education, residents receive training in the biopsychosocial conceptualization of patients starting in the first year, psychotherapeutic modalities, psychopharmacology, and neuroscience. There is a strong history of educating psychiatry residents to become medical educators themselves, and a focus on broad richly psychodynamic, and evidence-based clinical curriculum. There are partner fellowships in Addiction Medicine, Child/Adolescent Psychiatry including a 5-year Adult-Child Adolescent program, and Consultation/Liaison Psychiatry.