Family Health Centers of San Diego

The mental health department at FHCSD is the largest outpatient provider for mental health services in San Diego County. Composed of more than 20 primary care clinics with integrated mental health services, 15+ behavioral health facilities and mobile counseling centers, FHCSD has become a trusted mental health referral source for various organizations within San Diego. This includes formal collaborations with nine community hospitals, which entail the hospital transitioning acute medicine, psychiatry and emergency room patients to FHCSD psychiatric, substance use disorder treatment and medical services.

In addition to offering traditional outpatient mental health services, our mental health department is one of the few FQHC's to offer a concentrated mental health program (CMHP) where higher acuity patients can receive intensive outpatient mental health services. FHCSD mental health providers treating serious mental illnesses (SMI), and patients suffering from SMI, are supported by our FHCSD clozaril and long-acting injectable (LAI) clinics. Patient's suffering from co-occurring disorders can receive treatment at our licensed substance use disorder (SUD) outpatient programs, as well as our clinic-based integrated SUD service counselors. We are the largest outpatient services in the area and offer mobile MAT and a syringe services program.