



American Association of Directors of Psychiatric Residency Training

Nyapati Rao and Francis Lu International Medical Graduate (IMG) Fellowship Awardees

Chair: Consuelo Cagande, MD

This mentorship program is designed to promote the professional growth of promising International Medical Graduates. In the context of a trusting, non-evaluative and emphatic relationship with an experienced mentor, IMGs can learn to recognize and to seek solutions to their professional and acculturation needs. As psychiatrists who have made valuable contributions to the field as educators, researchers, clinicians and administrators, the mentors will have met many of the challenges, which their younger colleagues will encounter. The goal of this program is to facilitate successful development of IMG residents as leaders in American Psychiatry, especially those interested in psychiatric education. This goal is reached by providing an opportunity for outstanding IMG residents to be mentored by senior role models in the field of psychiatry.

Hagar Kandel, MD, MSc

Hagar Kandel, MD, MSc, is a trained child neuropsychiatrist from Egypt and a current third-year resident at SUNY Downstate Department of Psychiatry and Behavioral Health. She completed postdoc training for three years at Rockefeller University studying arousal in mice models, completed an advanced certificate in clinical and translational research, and had several publications. She is a long-term trainee in the Leadership Education in

Neurodevelopmental and other related Disabilities (LEND) program at SUNY Downstate, through which she acquired the knowledge and skills to evaluate and diagnose Autism Spectrum Disorder/ Developmental Disabilities (ASD/DD), she is also getting an advanced degree in public health to gain a foundation in public health and expand her skill set. She is interested in a career serving individuals with disabilities, including a commitment to leadership, and improving the systems of care for people with ASD/DD.



Training Director: Scott McAfee, MD

Temitope Ogundare, MD, MPH

Dr. Temitope Ogundare is currently a PGY-2 psychiatry resident at Boston Medical Center, enrolled in the Global and Local Cultural and Medical Education pathways. Before starting his psychiatry residency, he completed a 2-year master's in Public Health at the Boston University School of Public Health, with a context certificate in Mental Health and Substance Use. He was born and raised in Nigeria and completed his medical education at the University of Ilorin College of Health Sciences and a 6-year psychiatry residency at the Neuropsychiatric Hospital, Abeokuta, one of two world health organization centers of mental health research in the country. He has received numerous awards throughout his medical education, including the Egerton Luke prize in Psychiatry by the West African College of Physicians and the International Scholars award from Boston University. He was inducted as a member of the Delta Omega Society in Public Health.



During his residency training years in Nigeria, Dr. Ogundare conducted independent research on social integration and quality of life among patients with schizophrenia; and depression, quality of life, and suicidal ideation among patients with epilepsy. He has authored several peer-reviewed publications and book chapters and is a peer reviewer for several journals. He is a Fellow of the West African College of Physicians and Nigerian Postgraduate Medical College.

Since its inception in 2019, Dr. Ogundare has been involved in the Liberian psychiatry residency program, a collaboration between Boston Medical Center and the Liberian College of Physicians and Surgeons. His involvement includes the development of a Neuroscience curriculum and teaching select topics in Neuroscience to first-year residents in the program. In addition, he developed and has continued to facilitate monthly journal club meetings for all residents in the program. In addition to teaching, he has published articles on risky sexual behaviors and substance use among youth in Liberia.

Dr. Ogundare's current interests are in global mental health, cultural psychiatry, and medical education. He is currently involved in a QI project to revamp the curriculum for teaching case formulation for PGY-1 residents. He also mentors medical students and international medical graduates from Nigeria.

Training Director: Micaela Owusu, MD, MSc

Matteo Respino, MD

Dr. Matteo Respino serves as Outpatient Chief Resident in Psychiatry at Rush University Medical Center in Chicago. He spent the first part of his training at the University of Genoa, Italy, his country of origin. His primary research focus is the interaction between the aging brain and the expression of depressive syndromes in late-life. From 2015 to 2019 he trained at Weill Cornell Medicine, New York City, using advanced neuroimaging tools to investigate the brain's structural and functional connectivity of depressed older adults. His results highlighted abnormalities of the brain's cognitive-control network that are predictive of executive dysfunctions in this population. He is currently investigating the relation between mood and cognition in late-



life depressive syndromes in a large European population dataset. He has authored over twenty scientific articles and presented his findings at national and international conferences. He is a 2020 Honor Scholar of the American Association of Geriatric Psychiatry, and received an Honorable Mention for the 2021 NIMH Outstanding Resident Award Program. In 2022 the Illinois Psychiatric Society recognized him as Resident of the Year. While at Rush, he has fostered his passion in Classical Psychopathology by developing a Curriculum of introductory lectures for Interns. Undergoing Psychiatry residency training in the US has kindled his recent interest in comparing American and European approaches to Psychiatry education, and he plans to investigate the different perceived learning needs between residents here and across the Atlantic. His clinical focus is the outpatient care of adults and older adults struggling with treatment-resistant depression, prolonged grief, in addition to psycho-oncology. He enjoys mentoring younger residents, medical students, and plans to pursue a career in Academic Psychiatry.

Training Director: Senada Bajmakovic-Kacila, MD

Ritvij Satodiya, MBBS

Dr. Ritvij Satodiya is a Forensic Psychiatry fellow at Emory University School of Medicine. Following the completion of his medical school from India, he migrated to the United States to excel in the field of psychiatry. He completed his Child and Adolescent Psychiatry fellowship from New York University Grossman School of Medicine and Psychiatry residency from Stony Brook University Renaissance School of Medicine. Ritvij has been a Child and Adolescent Psychiatry Fellow with the American Psychiatric Association (APA) and a fellow with the Group for the Advancement of Psychiatry. Ritvij has served in the leadership roles during his training years as an inaugural Chief Resident for Research and Scholarly activities and a Chair of Residents' Research Subcommittee.



Ritvij has a strong interest in clinical psychiatry, neuroscience, and psychopharmacology. He shares an additional interest in clinical research and has accomplishments under his belt. He has received pilot grant fundings from the American Academy of Child and Adolescent Psychiatry (AACAP) and New York University and is presently working on his research project of understanding the influence of exogenous cannabinoids on neurodevelopment. He has been the recipient of many awards that include the APA Resident Recognition Award, the APA Research Colloquium for junior investigators Award, the AACAP Research Colloquium for young investigators, and the Max Fink Award – Outstanding Achievement in Research twice during his residency tenure. Ritvij has received research training at the academic institutions including Yale University and New York University before starting his residency training. He presented his work at numerous national meetings and published in reputed journals. He is a peer mentor with AACAP's Committee on Medical Students and Residents. Ritvij speaks three languages and loves to spend time with family and friends. He enjoys hiking, cooking, swimming, and water sports. He aspires to build an academic career with a goal to combine his passion of human service through patient care, research to advance the field of psychiatry, and disseminate knowledge to train future generation psychiatrists.

Training Director: Peter Ash, MD

Rick Wolthusen, MD, MPP

Rick Wolthusen, MD, MPP, is a 3rd-year psychiatry resident at Duke University. He has more than ten years of experience as a pro bono mental health consultant. He works with governments, NGOs, and academic centers in Ghana, Kenya, Germany, and the United States of America. He is the mind behind the Erasmus+ exchange program “Mental Health meets Social Innovation,” through which students and staff members from universities in Ghana, Kenya, and Germany can learn from and with each other in an annual 8-week-long exchange program. Rick also founded the award-winning NGO On The Move e.V., which creates spaces of empowerment towards mentally healthier communities. The NGO activities were featured in podcasts, documentaries, publications, and a TEDxTalk. Rick is a member of the Clinician Scientist Track and the Clinician Educator Track at Duke; he was a National Neuroscience Curriculum Initiative Fellow. He is currently an APA/APAF Public Psychiatry Fellow; during the fellowship, he explores how the global mental health narrative can be reshaped from Northern ventriloquism to what high-income countries can learn from low- and middle-income countries in terms of closing the mental health treatment gap. He is also a member of the APA Global Mental Health (GMH) Caucus GMH Curriculum Workgroup.



Training Director: Heather Vestal, MD