



American Association of Directors of Psychiatric Residency Training

Biosketch

Donna Sudak, MD

AADPRT Position: Past President



Donna Sudak is Professor, Senior Associate Training Director and Director of Psychotherapy Training in the Department of Psychiatry at the Drexel University College of Medicine. She is a clinician-educator with a wealth of experience in teaching and patient care. She has contributed significantly to the literature in CBT education and has played a major role in developing suggested curricula and guidelines for resident competency in Cognitive Behavior Therapy. She also has multiple publications regarding combining treatment with medication and CBT.

In addition to her teaching responsibilities at Drexel University College of Medicine, Dr. Sudak is an adjunct faculty member at the Beck Institute. She is the Past President of the Academy of Cognitive Therapy, the former Editor of the PIPE examination, and serves on multiple national committees in the Association of Behavioral and Cognitive Therapies and the American Association of Directors of Psychiatric Residency Training, including her current position as President-Elect of AADPRT.

Dr. Sudak's latest book, Teaching and Supervising CBT , written with R. Trent Codd, John Ludgate, Leslie Sokol, Marci Fox, Robert Reiser, and Derek Milne, is a significant addition to the literature supporting CBT educators.