

## **San Mateo County BHRIS Psychiatry Residency Program**

San Mateo County General Hospital became one of the first model community mental health centers in the country in the 1960s and the birthplace of the first chapter of NAMI in 1974. Our residency program was also one of the first in the nation to have a public psychiatry focus and our original mission, to train psychiatry residents to serve a diverse patient population with a continuum of services, continues today. San Mateo County Behavioral Health and Recovery Services emphasizes a person-centered and recovery-oriented approach to care for the individuals in our community. From home visits to geriatric patients, to evaluating patients in the county's designated psychiatric emergency room, to participating in many of the BHRIS strategic initiatives for mental health, our residents can be part of the constructive solutions to the critical problems facing today's mental health care system. In addition to our residency program's commitment to public psychiatry and rotations at the San Mateo County BHRIS health system, we also provide clinical rotations in other health care settings to give our residents a wide range of psychiatric training experiences. Our clinical rotations are structured to facilitate each resident's growth and development as an independent psychiatrist as well as a leader of multi-disciplinary teams in our system. Our program has a unique structure in outpatient psychiatry beginning in the PGY2 year and continuing through PGY4. Residents grow in their autonomy by building their skills with longitudinal clinic experiences and by teaching other residents and visiting medical students.