AADPRT Career-Stage Forums
(Generational Workshops)
Why Career-Stage Forums?

• Common developmental and experiential stages in their role regardless of age or years in psychiatry or as TD’s
• Allow discussion of common themes related to each career stage
• Identification of resources and ideas to help one successfully navigate the career stage
• No timelines associated with career stages
• People can cycle through in mini cycles
What’s New And Changed?

• Career-Stage Forum (also known as Generational Workshop) Abstract submissions (except New-Training-Director Forum) are open to AADPRT members
• Ensure principles of equity and inclusion are applied as widely as possible
• Provides all AADPRT members opportunities to present
• 2 new career-stage forums – Future-Training-Director and Past-Training-Director Forums
Future-Training-Director Forum

• For residents/fellows and faculty
  • Aspire to become training directors
  • Contemplating if this is the right future role for them

• Some common themes
  • What does a TD do?
  • How to embark on this path
  • Getting mentorship
  • Creating a peer support network
  • How to build the required foundational skill sets to be a TD
Early Career Forum

• Learning, career development, and establishing one’s place
• The realities of the job start to replace the expectations
• This forum is suitable for TDs experiencing their first professional successes and setbacks as they implement strategies to align their programs with their values and vision
• Enhance skills through educational workshops on topics like (but not limited to)
  • getting mentorship, networking
  • building one’s CV
  • educational research and scholarship
  • developing one’s own areas of expertise
  • developing administrative skills
  • leveraging AADPRT resources
  • strategies to stay positive and motivated
  • building one’s identity as a training director
Mid-Career Forum

- Career stability and progression
- Sense of ease and confidence in carrying out one’s role as a TD
- A yearning for more
- Build on established processes
- Leadership roles in organizations like AADPRT
- Some common themes of this career stage
  - Enhancing administrative and leadership skills
  - Negotiating for a better salary or a promotion
  - Advocating for yourself, faculty, and residents
  - Improving time management skills
  - Effectively creating time for passion projects
  - Seeking and providing mentorship
Late-Career Forum

• Opportunity for a reduced workload
• Prepare others to take over the role
• Some common themes
  • identifying and utilizing opportunities to share expertise
  • mentoring others
  • planning for transition
  • succession planning
  • identifying next steps for growth for oneself
Past-Training-Director Forum

• Education and mentoring future TDs remain an important part of the identity
• Some common themes
  • Reflect on their years as a leader, educator, and mentor
  • A space for sharing experiences and expertise
  • Gaining peer support
  • Identifying opportunities for continued contribution to AADPRT
Submission Process

- Abstracts open August 3rd - September 14th
- Submit here