

I am so glad to welcome you to learn more about the Pine Rest Christian Mental Health Services/Michigan State University Psychiatry Residency Program. Please look closely at our program and all it has to offer for you who are talented, inquisitive, motivated applicants who have a heart for patient care. Here you will find excellent clinical training from dedicated faculty, with emphasis on fostering continuous curiosity about your patients, the literature, and the latest research. You will have opportunities here to see and learn the full depth and breadth of psychiatric care exercised with compassion and dedication for the purpose of bringing healing to the hurting and resilience to the recuperating.

The setting for this experience is second to none- and a unique one in this day and age. Our beautiful, wooded campus of over 200 acres harbors nearly 200 inpatient hospital beds and positions us as one of the largest freestanding psychiatric hospitals in the country.

We have deep roots at Pine Rest of providing excellent psychiatric care to the community for over 100 years, a heritage that has allowed us to branch into many specialized services including:

- 36 bed child and adolescent unit
- 26 bed "flex" unit for adolescents and young adults
- 26 bed older adult unit
- Specialized inpatient, detox and residential programs for the care of substance use disorders
- Psychological and neuropsychological testing services
- Forensic services
- Neuromodulation services
- Partial hospitalization including a highly unique Mother/Baby program serving women in the peripartum
- An on-site pharmacy
- Long-term residential homes

Beyond our main campus our outpatient network is comprised of 19 clinics and hundreds of clinicians who provide over 300,000 visits annually serving much of west, southwest, and northern Michigan. Our response to the needs caused by the COVID-19 pandemic has made us a leader in providing robust telepsychiatry and teletherapy services encompassing most of Michigan. We have numerous specialized outpatient programs including addiction services, employee assistance, church outreach, dialectical behavioral therapy, and healthy living groups.

Louis Nykamp, MD
Psychiatry Residency Program Director