

Our program combines the intellectual and physical resources of an academic teaching hospital with the patient base and public health commitment of a large community hospital and community mental health center. We see a wide range of psychiatric diagnoses in multiple settings. We are fortunate to have a medical-psychiatry inpatient unit, one of only 48 in the country, and a busy consultation-liaison service which offers excellent training experience in the problems of the medically ill with psychiatric problems, and geriatric psychiatry.

Our residents also have inpatient experiences at Spring Harbor Hospital (SHH), our free-standing psychiatry hospital, in adult psychiatry, adolescent psychiatry, and a nationally recognized Developmental Disorders unit. The latter two experiences provide our general residents with exposure to our child and adolescent psychiatry fellowship.

Outpatient training is equally rich with our residents learning in Portland's outpatient VA clinic, providing consultation to their IM, FM and OB-GYN colleagues in their primary care clinics, and functioning as the leaders in developing mental healthcare delivery at MMC's new homeless clinic. These experiences buttress residents' primary outpatient learning in MMC's adult outpatient clinic, which serves essentially as a community mental health center. It is here that our residents become expert not only in diagnosing mental illness, and employing the latest psychopharmacologic treatments, but also become facile with effective psychotherapeutic techniques. Residents will learn CBT, group, supportive, and DBT techniques, but will also receive superb training in Family Therapy, and psychodynamic therapy, including one of the nation's strongest exposures to mentalization based treatment (MBT).

Our training faculty is dedicated to excellent teaching and clinical care, and bring a range of experiences and knowledge from across the country. Many of our graduates go on to nationally-ranked fellowship programs in child psychiatry, neuropsychiatry, forensics, psychodynamic therapy, and geriatric psychiatry. All graduates are prepared for careers in the broad spectrum of psychiatry, including community-based practice, hospital practice, academics, and research.