

Thank you for your interest in Saint Elizabeths Hospital Psychiatry Residency Training Program. Ours is a four-year training program in psychiatry accredited by the Accreditation Council for Graduate Medical Education (ACGME). Our program is primarily based at Saint Elizabeths Hospital, which is the public psychiatric hospital for the District of Columbia operated by D.C. Department of Behavioral Health. D.C. Department of Behavioral Health also operates the Mental Health Services Division and the Comprehensive Psychiatric Emergency Program both of which form integral parts of the Residency Program.

Saint Elizabeths Hospital has played a central role in the history and development of forensic psychiatry in the United States and has a Forensic Psychiatry Fellowship program. This hospital also has training programs/internships in psychology, chaplaincy, and dentistry. Five medical schools offer psychiatry clerkships at Saint Elizabeths and we also have an externship program for graduates of medical school looking to gain clinical experience in psychiatry.

Several other institutions including Providence Hospital, VA medical Center, Prince George's Hospital Center, Washington School of Psychiatry, George Washington University, Sibley Memorial Hospital, Psychiatric Institute of Washington, University of District of Columbia and Children's National Medical Center provide key sites for clinical rotations within this residency training program. Together, these sites offer a wide range of settings where residents work with individuals from a variety of cultural and socioeconomic backgrounds, representing a full gamut of psychiatric disorders.

Our program envisions psychiatry as a field whose origins are firmly rooted in medicine. It is a discipline which integrates neurobiology, psychology, and sociology, each of which deepens our understanding of human behavior and enhances delivery of the best psychiatric care. The rapidly expanding neurochemical and neuropsychological understanding of human behavior is combined with an understanding of human development, psychodynamics and the individual's social and cultural milieu to cultivate humane care and provide the most effective treatments.

Clinical experience remains the best foundation of psychiatric training. Throughout their training, residents are responsible for the treatment of a wide range of patients. Careful attention is paid to ensure that each resident has extensive longitudinal experience with patients who suffer from chronic, severe mental illnesses as well as patients with significant neurotic and characterological difficulties, which interfere with their personal relationships or occupational functioning. Residents are provided an opportunity to work extensively with adults, children, groups, families, and provide consultation to organizations within the community, all in a supervised setting.

Our training program prepares residents to treat mentally ill population, both as inpatients and outpatients. Many of the most severely mentally ill are involved with the legal system. Circumstances may involve civil commitment, guardianship, and competency to stand trial or legal insanity. The program provides a balanced education with the emphasis on learning psychopharmacology and psychotherapy from leading psychopharmacologists and psychoanalysts in the country. Residents are placed in public/private outpatient clinics as well

as university student health clinic for outpatient psychiatry experience. The long-standing association between Saint Elizabeths Hospital and the National Institutes of Mental Health (NIMH) provides for elective research opportunities for our residents.

In all, Saint Elizabeths Psychiatric Residency Program provides comprehensive training in all major areas of psychiatric practice with the goal of graduating skilled general psychiatrists. We anticipate that many of our graduates will pursue further training in psychiatric specialties, such as Community Psychiatry, Child and Adolescent Psychiatry, Psychiatric Research, Forensic Psychiatry, Addiction Psychiatry, and Psychoanalysis. All of us at Saint Elizabeths Hospital invite you to explore our training opportunities in psychiatry.