

**AADPRT/GEORGE GINSBERG, MD  
2015 FELLOWSHIP AWARDEES**

**Award Winner/Program**

**Venkata Kolli, MBBS**

PGY 5  
Creighton University  
Omaha, NE

**Caitlin Snow, MD**

PGY 4  
New York Presbyterian Hospital-Weill Cornell Medical College  
New York, NY

**Anne Penner, MD**

PGY 5  
Western Psychiatric Institute & Clinic  
Pittsburgh, PA

**Nathan Johnston, DO**

PGY 3  
University of Texas Health Science Center at San Antonio  
San Antonio, TX

**Smita Das, MD, PhD, MPH**

PGY 4  
Stanford University  
Stanford, CA

**Training Director/Region**

**Region I & IV:**

**New England & Midwest**  
Jamie Snyder, MD

**Region II: New York**

Julie Penzner, MD

**Region III & VII:**

**Mid-Atlantic & Far West**  
Sansea Jacobson, MD

**Region V: Southeast**

Jason Shillerstrom, MD

**Region VI: California**

Chris Hayward, MD

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**AADPRT/Ginsberg, MD Fellowship Committee Chair: Allen Richert, MD**

*George Ginsberg, MD, was a member of AADPRT for nearly two decades. During those years he served in a number of capacities. These included: member and chair of numerous committees and task forces, one of our representatives to the Council of Academic Societies of the AAMC and as our President from 1987 to 1988. This list of positions in our association is noted to highlight his energy and commitment to AADPRT. Prior to his death, George served as chair of a committee charged with raising new funds for the development of educational programs to be sponsored by our association. It was in that role that the AADPRT Fellowship was developed. Because of his essential role in its formation it was only appropriate that his work for our association be memorialized by the addition of his name to the fellowship. George served in varied roles as a psychiatrist for all seasons. With his death, the members of AADPRT lost a dedicated leader and friend, our students a dedicated teacher, his patients a dedicated physician and all of psychiatry a model of the best that psychiatry can produce.*

**AADPRT/INTERNATIONAL MEDICAL GRADUATE (IMG) IN PSYCHIATRY  
FELLOWSHIP AWARDEES**

**Award Winner/Program**

**Rajiv Radhakrishnan, MD**

PGY 3  
Yale University School of Medicine  
New Haven, CT

**Iman Parhami, MD**

PGY 3  
Delaware Psychiatric Center  
New Castle, DE

**Malathi Pilla, MD**

PGY 3  
Southern Illinois University School of Medicine  
Springfield, IL

**Samet Kose, MD, PhD**

PGY 4  
University of Texas Medical School  
Houston, TX

**Vivek Datta, MD**

PGY 3  
University of Washington  
Seattle, WA

**Training Director/Region**

**Region I: New England**

Robert Rohrbaugh, MD

**Region III: Mid-Atlantic**

Imran Trimzi, MD

**Region IV: Midwest**

Santosh Shrestha, MD

**Region V: Southeast**

Vineeth John, MD, MBA

**Region VII: Far West**

Deborah Cowley, MD

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**AADPRT/IMG Fellowship Committee Chair: Vishal Madaan, MD**

*This mentorship program is designed to promote the professional growth of promising International Medical Graduates. In the context of a trusting, non-evaluative and emphatic relationship with an experienced mentor, IMGs can learn to recognize and to seek solutions to their professional and acculturation needs. As psychiatrists who have made valuable contributions to the field as educators, researchers, clinicians and administrators, the mentors will have met many of the challenges, which their younger colleagues will encounter. The goal of this program is to facilitate successful development of IMG residents as leaders in American Psychiatry, especially those interested in psychiatric education. This goal is reached by providing an opportunity for outstanding IMG residents to be mentored by senior role models in the field of psychiatry.*

## PETER HENDERSON, MD, MEMORIAL PAPER AWARD

### **Aaron J. Hauptman, MD**

PGY 3

University of Texas, Austin

Austin, TX

Training Director: Emily Doyle, MD

### **Paper Title: "The Differential Diagnosis and Treatment of Catatonia in Children and Adolescents"**

#### **Abstract**

**OBJECTIVE:** Catatonia has been associated with a wide range of medical and psychiatric conditions in children and adolescents. Mortality risk is high and proper treatment can be life-saving. Catatonia, well known in adults, is increasingly recognized in pediatric populations, in which 20% of cases are related to an underlying medical condition. To minimize morbidity, clinicians must rule out underlying conditions and simultaneously initiate symptom-targeted treatment as well as treatment for the underlying condition. Management of catatonia sequelae may require ICU-level of care. In this paper we review the pediatric catatonia literature to enable clinicians to make rapid evidence-based diagnostic and therapeutic decisions.

**METHODS:** A PubMed search using MeSH terms related to pediatric catatonia yielded 355 citations, 230 of which were in English, including 35 review articles, 103 case reports, and 19 clinical trials, two of which were controlled trials. Subsequent PubMed and Google Scholar searches were done for pertinent sub-topics.

**RESULTS:** The literature on epidemiologic, etiologic and pathophysiologic aspects of catatonia is reviewed with a focus on emergent conditions requiring immediate management. Information on a wide range of conditions associated with pediatric catatonia, including developmental, acquired, idiopathic and iatrogenic etiologies is included. Finally, we consider available treatments, including electroconvulsive therapy, benzodiazepines and other pharmacotherapies in the context of pediatric evidence as well as important medicolegal considerations.

**CONCLUSION:** Pediatric catatonia is a frequently occurring and high morbidity condition requiring rapid diagnosis and therapeutic intervention to minimize risk to patients.

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#### **Peter Henderson, MD Memorial Paper Committee Chair: Arden Dingle, MD**

*The Henderson Award was established by AADPRT to honor the memory of Peter B. Henderson, MD, Director of Residency Training in General and Child Psychiatry at the University of Pittsburgh, and Past President of AADPRT. Peter devoted his career and energy to psychiatric education and guided and mentored countless residents and junior faculty members. He pioneered an integrated residency curriculum that blended the best of adult, child, and adolescent psychiatric education. His vision, persistence, and charm were the major forces leading to child psychiatry training directors becoming full partners in AADPRT. Dr. Henderson died in 1986 at the age of 47. This award recognizes the best-unpublished paper on a child or adolescent psychiatry topic submitted by a resident in psychiatry, child and adolescent psychiatry, or psychiatric subspecialty.*

## **ANNE ALONSO MEMORIAL AWARD**

**Michael Redinger, MD, MA**

PGY 4

Western Michigan University

Kalamazoo, MI

Training Director: Robert Strung, MD

**Paper Title: “The Intersection of Chronic Pain, Spirituality, and Psychotherapy for a Roman Catholic Psychiatrist”**

### **Abstract**

During my psychiatry residency training, I have come across a number of patients who present with suicidal ideation triggered by the frustration, and ultimately despair, that comes with living with severe, unrelenting, treatment-resistant chronic pain. These patients have caused me to reflect upon my own conceptualization of how people relate to pain and how to engage these individuals psychotherapeutically. In my personal life as a Roman Catholic, I have access to a repository of theological thought on the purpose and meaning of suffering as well as individual exemplars who have demonstrated how that spirituality is lived out. Yet, appropriate boundaries and the fact that many patients lack a religious background, Christian or otherwise, make my personal perspective inaccessible in the psychotherapeutic relationship. This often leaves patients searching for a secular answer to the meaning of their pain. They confront this challenge in the face of a Western perspective that elevates the power of the medical sciences to deity-like status, which leads to further psychological confusion and disorientation resembling a “crisis of faith”. This paper will examine how the lack of a secular conceptual framework for chronic pain and a shared cultural mythological belief in medicine leads to psychic pain, and the implications this has on the work of a Roman Catholic psychiatrist.

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**Anne Alonso Memorial Award Committee Chair: Robert Waldinger, MD, MBA**

*This award is given for the best unpublished paper on psychotherapy written by a resident, was originally named in honor of Frieda Fromm-Reichmann, MD. The award now recognizes Dr. Anne Alonso, a gifted psychotherapist, teacher, supervisor, and Clinical Professor of Psychology in Psychiatry at the Harvard Medical School. When Dr. Alonso died in 2007 The Endowment for the Advancement of Psychotherapy (EFAP) and AADPRT thought it most fitting to rename the award in her honor.*

## **VICTOR J. TEICHNER AWARD**

**Timothy B. Sullivan, MD**, Vice-Chair, Director of Postgraduate Education

**Michael P. Twist, DO**, Associate Director of Postgraduate Education Department of Psychiatry and Behavioral Science

**North Shore LIJ Staten Island University Hospital**

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**Victor J. Teichner Award Committee Co-Chairs: Sherry Katz-Bearnot, MD; Gene Beresin, MD**

*This program award jointly sponsored by AADPRT and the American Academy of Psychoanalysis and Dynamic Psychiatry (AAPDP) honors the work and life of Victor Teichner, M.D., an innovative psychoanalyst and educator. The purpose of this award is to support a Visiting Scholar to a residency training program that wants to supplement and enrich its training in psychodynamic psychotherapy. The expenses and stipend for the Visiting Scholar are covered by the award for a one to three day visit, supported by an endowment provided by a grateful patient of Dr. Teichner.*

## **THE LUCILLE FUSARO MEINSLER PSYCHIATRIC RESIDENCY COORDINATOR RECOGNITION AWARD**

**Nancy Lenz, BBS, C-TAGME**

Program Coordinator

Western Michigan University

Homer Stryker MD School of Medicine

Kalamazoo, MI

Training Director: Robert D. Strung, MD

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**The Lucille Fusaro Meinsler Psychiatric Residency Coordinator Recognition Award Committee  
Chair: Mary Barraclough, BS**

*The Lucille Fusaro Meinsler Psychiatric Residency Coordinator Recognition Award recognizes a psychiatry residency coordinator's outstanding communication and interpersonal skills, commitment to the education and development of residents, originality in improving an aspect of the residency program, and participation in national or regional coordinator meetings.*