



American Association of Directors of Psychiatric Residency Training

Biosketch

Krystal Hernandez, BA

AADPRT Positions: Presidential Appointee & Chair, Program Administrator Caucus



Krystal has been a Program Administrator for 12 years and has been selected to serve as the AADPRT's Presidential Appointee to the Executive Committee. She has been the Program Administrator for the UCF/HCA Florida Psychiatry Residency Program of Greater Orlando for the past six years. During this time, she also supported other programs such as Internal Medicine, Endocrinology, Rheumatology and Emergency Medicine.

While at HCA, she has been able to create and improve new processes for the Programs and the GME department. This included ways to improve workflow within the GME department for onboarding, orientation, creation of templates for best practices and more. In addition, she has helped train & be a mentor to new PA's in their profession.

In 2019, Krystal was selected to be Co-chair of the AADPRT PA Wellness Committee and in 2021 made the transition to Chair of the AADPRT PA Wellness Committee. Throughout this journey, she partnered with committee members presenting topics related to wellness for program administrators and sharing positivity through Wellness Pause Emails via Listserv; in addition to sharing resources and best practices through the Wellness Newsletter.

In March of 2023 Krystal began the role as AADPRT's PA Caucus Chair during AADPRT's annual conference, giving her the opportunity to serve as liaison and continuing to advocate for PA's. One of Krystal's goals is to provide additional opportunities for PA's to showcase their talents such as: Poster Presentations providing another way to showcase involvement in a National Meeting; Creating a competition for PA's to demonstrate their artistic skills (drawing or writing) and more.

In her free time, Krystal enjoys spending time with her family exploring new parks and restaurants, watching movies, listening to music, reading and writing short stories and poems. Some of her favorite poets are Emily Dickinson, William Shakespeare and Edgar Allan Poe.