

Academic Psychiatry Consortium Member Statement Against Racism

The recent killings of George Floyd, Ahmaud Arbery, and Breonna Taylor are a tragic reminder of the systemic racism and violence that people of color have suffered for centuries, and what has been ignored for far too long. As a community of academic psychiatrists, it is our duty as physicians to combat structural racism and the subsequent inequities in health care delivery and outcomes. As psychiatrists, we must address the trauma caused by racism and discrimination, and their adverse effects on mental health and well-being. We must incorporate these topics into our curricula, listen to our trainees and colleagues of color, and speak out against racist actions, attitudes, and biases. As academicians, we must educate our leaders, colleagues, and students about the detrimental effects of racism, and provide solutions on how to eliminate this “cancer” in our society. We stand with the Association of American Medical Colleges’ statement ([click here](#)) in pledging the following:

- We must stand in solidarity with the Black community and speak out against unjust and inhumane incidents of violence.
- We must demonstrate empathy and compassion and acknowledge the pain and grief that the families and the communities of these victims are experiencing.
- We must take the lead in educating ourselves and others to address these issues head-on.
- We must be deliberate and partner with local communities, public health agencies, and municipal governments to dismantle structural racism and end police brutality.
- We must employ anti-racist and unconscious bias training and engage in interracial dialogues that will dispel the misrepresentations that dehumanize our Black community members and other marginalized groups.
- We must move from rhetoric to action to eliminate the inequities in our care, research, and education of tomorrow’s doctors.