



# American Association of Directors of Psychiatric Residency Training

## **Biosketch**

### **Anuja Mehta, MD**

**AADPRT Position: Chair, Curriculum Committee**

Dr. Mehta is a board-certified adult and child & adolescent psychiatrist. She completed her undergraduate and medical school training at University of Florida (UCF). She remained at UCF for her general psychiatry training program. Afterward, she went to Boston Children's Hospital/Harvard Medical School to complete fellowship training in child & adolescent psychiatry. Dr. Mehta has been with the UCF College of Medicine since 2016. She served as Assistant Clerkship Director for a year followed by serving as the Clerkship Director of Psychiatry for another 18 months. She took over the leadership of UCF/HCA's Greater Orlando Psychiatry Residency program as of August 2019. She currently maintains her clinical practice at Nemours Children's Hospital. She has authored peer reviewed publications, a book chapter, and presented numerous posters and workshops on topics ranging from ADHD, childhood anxiety, microaggressions, anti-racism, narrative medicine and promoting resilience and wellness. Since 2020, Dr. Mehta has developed a passion for advancing Diversity, Equity, and Inclusion (DEI) initiatives both locally and nationally. She is a member of the Osceola DEI GME committee, and has helped develop and disseminate an Equitable Educator course to Psychiatry Program Directors across U.S. Dr. Mehta has had long standing passion for teaching. She won UCF COM's Early Career Educator Award in 2020. In acknowledgement of her commitment to community service, she won the UCF COM's Community Service Award in 2021 for her clinical work and teaching at the KNIGHTS Clinic. Currently, she oversees the didactic curriculum for all four years of psychiatry residents.

