

Mayo Clinic Psychiatry Residency

The Mayo Clinic Psychiatry Residency's training goals are built upon the conviction that a psychiatrist is first, and foremost, a physician. We practice our craft in collaboration with our medical colleagues, sharing our science and art with them in ways that benefit the patients for whom we care.

Down the road, we want to see our graduates practicing effectively in multiple settings by integrating a broad set of skills: as consultation psychiatrists working in concert with other physicians; as dynamic psychotherapists who “listen with the third ear;” as psychopharmacotherapists who bring the strength of neurochemistry to bear on acute and chronic illness; as community psychiatrists who capitalize on cooperation with allied health professionals; as teaching psychiatrists who share the gift of experience with both our patients and colleagues; and, as researchers who find human suffering to be the catalyst for asking new questions and pursuing better answers.

The Mayo Clinic Psychiatry Residency Program is fully accredited by the Accreditation Council on Graduate Medical Education (ACGME) for 43 residents. The program was created in June 1955 and has been providing successive generations of psychiatrists with the foundation for their careers. Successful completion of this program signifies that a graduate has the requisite skills to care effectively for patients, assume a position of responsibility in the psychiatric community at-large, and sit for the examinations of the American Board of Psychiatry and Neurology (ABPN).

Our Vision: We endeavor to create and maintain a diverse, vibrant, collaborative, learner-centered community which promotes the growth of future colleagues and the advancement of our field. We are all responsible to and for our community which in turn provides a solid clinical foundation and encourages individual development, while fostering an environment of scholarly inquisitiveness, commitment to excellence, and creativity.

Our Mission: The Mayo Clinic Psychiatry residency embodies a vibrant, collaborative, learner-centered environment which promotes the growth of future colleagues and the advancement of the field. It provides a solid clinical foundation and encourages individual development, while fostering an environment of scholarly inquisitiveness, commitment to excellence, and creativity. Trainees in the Psychiatry Residency at Mayo Clinic in Rochester, Minnesota receive exceptional clinical psychiatry training in an academic environment grounded in the three Mayo Clinic shields: clinical practice, research and education. Training aligns with Mayo Clinic’s mission: To inspire hope and contribute to health and well-being by providing the best care to every patient through integrated clinical practice, education and research.

Our Commitment to Diversity, Equity, & Inclusion: As an institution, Mayo Clinic is committed to diversity, equity and inclusion. There is no tolerance for the harassment or discrimination of trainees, clinicians, or staff. Additional information and resources on diversity initiatives and minority community groups at Mayo Clinic are available.

Mayo Clinic values and highly supports trainees with diverse backgrounds and experience to apply to our programs, including those who have historically been excluded from the field of medicine due to race/ethnicity, socioeconomic background, gender identity and expression, sexual orientation, and disability status. We also welcome international applicants, including those on student/work visas, who receive support and consultation from the Mayo Legal department to maintain necessary legal documentation throughout training (assistance from Mayo Legal is available throughout your training experience). Testament to this is our longstanding record of successfully recruiting diverse applicants across all of our programs. For more details, refer to the Mayo Clinic pages regarding international applicants, Mayo Clinic School of Graduate Medical Education's commitment to diversity, equity, & inclusion, and the Mayo Employee Resource Group (MERG).

Our faculty includes individuals from diverse cultural and clinical training backgrounds. Our program values facilitating personally and professionally supportive and affirming relationships between residents and faculty. Many of our faculty members welcome the opportunity to provide professional mentorship to minority fellows, residents, and junior colleagues. Many of our faculty, fellows and residents are active members in professional national organizations that champion issues of diversity, inclusion, and health equity.

Prospective applicants are encouraged to speak with training directors, faculty, and trainees about diversity-related aspects of training, and the social climate within the department and the broader Rochester community.