



Date

Nyapati Rao and Francis Lu International Medical Graduate (IMG) Fellowship Award
Selection Committee
c/o Sara Stramel-Brewer, Executive Director
AADPRT

Dear AADPRT Rao/Lu IMG Fellowship Selection Committee:

It is with enormous pleasure that I nominate **Name, MD** for AADPRT's **Nyapati Rao and Francis Lu International Medical Graduate (IMG) Fellowship**. Dr. Name is a PGY 2 resident currently in Stanford's Adult Psychiatry Residency Program. Her life experience, pediatric foundation and education and leadership skills has led to Dr. Name's surprising and impressive trajectory which has eventually guided her to seek a career in academic child psychiatry.

Dr. Name received her MD from the University of Sarajevo Faculty of Medicine Medical School *cum laude* in 2005 having completed a thesis on the *Incidence of Metabolic Syndrome in Patients Suffering from Schizophrenia*. After practicing as a pediatrician for several years (2006-2011) in the University Clinical Center Sarajevo Pediatric Hospital with the intent to eventually establish a Division of Behavioral Pediatrics and where she published and presented at various European conferences, she sought advanced graduate work. She received an Advanced Master of Science MSc in 2011 from the University of Amsterdam in Medical Anthropology, graduating *cum laude* with honors and completing a thesis on the *Body as a Mediator of Intersubjectivity in Children with Autism* which was published as a book chapter. She then received a second Masters of Science MSc (M2 Master en recherche) in 2015 from the Ecole des Hautes Etudes en Sciences Sociales (EHESS) in Paris, France where she graduated with *mention bien* and completed a thesis in the *Siege of Sarajevo (1992-1995): Embodied Memory of Traumatic Experience in Children and Adolescents*. Dr. Name has also served on the Editorial Board of her medical school's *Scientific Magazine of Medical Students: Voice of Medics* and on *Doctor*, a magazine of the Association of Physicians of Sarajevo Canton. She later served as a copyeditor for the *Bosnian Journal of Basic Medical Sciences*.

Potential Leader, Advocate, Role Model

Dr. Name is a proven and acclaimed leader! She co-founded and served as Head of Research of the War Childhood Museum in Sarajevo, Bosnia and Herzegovina. This acclaimed museum provides a multilayered child's perspective of growing up in wartime with a focus on resilience. As Head of Research, Dr. Name was responsible for every aspect of the research endeavor, including leading trainings as well as providing psychosocial support for participants and researchers. She also wrote grants and fundraised. The museum was awarded the prestigious Council of Europe Museum Prize in 2018 under the European Museum of the Year Scheme. Of note, this prize is awarded to a museum judged to have made a significant contribution to the understanding of European cultural heritage, the promotion of respect for human rights and democracy, bridging cultures, overcoming social and political borders, broadening visitors' knowledge and understanding of contemporary societal issues and exploring ideas of democratic citizenship. As a result of her pivotal work, she was awarded a fellowship to attend Museum Next Conference in Portland, Oregon which focused on the future of museums that focus on storytelling, social action and inclusion and, in 2018, she was invited to speak at the Bosnia and Herzegovinian Diasporic Conference in Seattle, Washington.

In 2018, Dr. Name became the Assistant Clinical Research Coordinator in the Early Life Stress and Pediatric Anxiety Program where Dr. Victor Carrion is the Program Director and Vice Chair of Stanford's Department of Psychiatry and

Behavioral Sciences. Through this lab, she is currently researching childhood memory on the COVID-19 pandemic. At the School of Medicine level, Dr. Name is involved in a QI project focused on enhancing IMG participation and wellness across residencies.

Not only does Dr. Name's award-winning innovations highlight her immense creativity, ability to create and promote substantial research, but her disposition is one that clearly stands out among her peers. She has been one of our super-star residents which is particularly impressive given her lack of unfamiliarity with US medical systems and her gap in clinical work. Dr. Name has been an enormously engaged and curious resident, phenomenal team player who supports tirelessly her peers and patients during this remarkable and unprecedented time of a global pandemic. She has absolutely been a powerful role model for us all!

Excellence & Interest in Education

Dr. Name has been involved in teaching dating back to 2001 as noted on her CV. From an educational leadership perspective, she has lead trainings for researchers (as noted above) through her work with the War Childhood Museum. More recently, in her intern year, she joined our Diversity and Inclusion Advisory Committee which seeks to recruit diversity candidates into the residency and support those residents coming from marginalized backgrounds. As a member of the Social Connectedness Committee, she organized a crafts workshop online and is currently developing a women's authors book club, arts and crafts activities, and zero-waste monthly workshops. She has also been selected as our Resident Psychiatry Coordinator for Arbor Clinic, the free medical student-run clinic where psychiatry residents supervise the mental health division.

Dr. Name has been an innovative developer of curriculum over the years. In 2019, she received a Stanford School of Medicine Teaching and Mentoring Academy grant to develop an online training for cue-centered therapy. In October of this year, Dr. Name presented a poster on it, *Cue-Centered Therapy Online Training: An Innovative Tool for Mental Health Practitioners to Aid Healing of Chronically Traumatized Youth*, at the 4th Annual Medical and Bioscience Education Day. This work was published this year. Furthermore, Dr. Name is working on a "Residency First Aid for IMGs" online curriculum for IMGs as part of a resident orientation. She plans to seek funding for this through Stanford's Teaching and Mentoring Academy.

Excellence in Patient Care

Dr. Name's clinical supervisors have described her as: "Thoughtful, kind, compassionate, reliable, motivated." "She was also a strong and respectful advocate for systems change, including tracking the vaccinations for her patients, coordinating with the pharmacy leadership, and looping in other team members on systems changes so their patients could also receive the vaccine in a more timely manner.... The team also remarked on how experienced and humble she is, and the elegance of her interpersonal style with supervisors, colleagues, and teammates spoke to her previous high-level directorship roles." "She is calm even when confronted with difficult situations, and she has a consistently positive attitude." " ...highly professional and a great team-player."

In summary, Dr. Name brings a unique perspective to psychiatry and our systems of care with her strong pediatric, anthropologic, and IMG background. Her incredibly strong intellect, compassion, curiosity and vision has been a foundation behind her educational innovation, leadership and teaching experience. She also has demonstrated research, leadership, administrative and excellent clinical skills. Serving as AADPRT's IMG Fellow would be a perfect fit for Dr. Name where she would be able receive important mentorship and become immersed in learning more about psychiatric educational leadership. She would cherish the opportunity for further leadership and professional development offered through this position given her strong interest in pursuing a career as an academic child psychiatrist.

Sincerely,