

## **UMMS-Baystate Psychiatry Residency Program**

The UMMS-Baystate Psychiatry Residency Program is a small supportive training program in a large academic medical center that is dedicated to providing the highest quality clinical care and medical education. Our mission is to provide outstanding comprehensive training in Psychiatry that integrates biological, psychological, social, and cultural understanding and care of patients, thus allowing residents to become proficient and compassionate psychiatrists. We assist residents in defining and attaining their career goals, whether that be fellowship training or independent practice in Western Massachusetts or nationally. The program values and supports individualized education and mentoring, the development of lifelong learning skills, resident and faculty wellness, and work-life balance in a collegial and respectful environment that values diversity, thus preparing residents for a long and satisfying career in Psychiatry. The mission of the program aligns with the mission of Baystate Medical Center, our sponsoring institution. The mission statement of our institution states that "the charitable mission of Baystate Health is to improve the health of the people in our communities every day, with quality and compassion." The Core Values of the institution include: "Respect, Integrity, Teamwork, and Lifelong Learning."

Program Highlights: 1. We are a small, close-knit, collegial program that provides a supportive environment for learning with individualized supervision and mentoring. 2. The program is based at Baystate Medical Center, a large academic tertiary care center that is part of an integrated healthcare system providing outstanding clinical experiences. Additional sites include hospital outpatient clinics and partial hospital programs, the VA, community mental health clinics, affiliated regional hospitals, and a university mental health clinic. 3. Psychiatry at Baystate is integrated into the medical treatment of the whole patient, providing outstanding experience in integrated behavioral health and consultation-liaison psychiatry. 4. Strong child psychiatry training with a focus on access to care, and the availability of our new Child and Adolescent Psychiatry Fellowship Program. 5. Integration of psychotherapeutic approaches throughout training to promote a bio-psycho-social-cultural understanding and approach to patient care. 6. Attention to cultural humility and respect for diversity. 7. Fostering life-long learning through integration of academic and scholarly activity in clinical rotations. Over half of our residents present at national meetings yearly. 8. Promoting wellness through activities and resources that promote resiliency and teamwork, embracing individual differences and diversity, and prevention of burn-out.

What do graduates of our program do after training? 60% of our graduates go on to fellowship training in child, consultation-liaison, forensic, geriatric, and public psychiatry. The remainder of our graduates have taken positions in academic medical centers, the VA, community mental health, university mental health, and group practices. More details are available on our website.