

University of Iowa

The Department of Psychiatry at the University of Iowa is steeped in a rich history of achievement in residency training, as well as clinical practice, and in the realm of research. The department is thought to be the first university-affiliated psychiatric department west of the Mississippi River.

The four-year psychiatry training program provides each resident with the opportunity to be exposed to and excel in a diverse clinical population. Built on a neurobiological foundation, our program emphasizes the importance of patient care and treatment through an evidence-based approach, providing quality care to each patient in addition to providing each resident with knowledge of current psychiatric practices.

As a psychiatry resident at University of Iowa Hospitals & Clinics, you will gain in-depth clinical experience in outpatient and inpatient settings from experts in the field. You will get a well-rounded experience which will include working on units specializing in:

- Mood disorders
- Psychotic disorders
- Eating disorders
- Medical psychiatry
- Child psychiatry
- Veterans psychiatry

Residents work in an array of outpatient settings, some of which include:

- Adult psychiatry
- Child psychiatry
- Assertive community treatment (IMPACT)
- Addiction Medicine/MAT Clinic

Residents can also choose from a wide range of elective rotations. The University of Iowa also has residencies in Family Medicine-Psychiatry, and Internal Medicine-Psychiatry. We are one of two institutions in the country with both a family medicine-psychiatry and an internal medicine-psychiatry residency program, and we also have an inpatient medical psychiatric unit. There are fellowship opportunities in a large number of sub-specialties.

Our training ultimately provides residents with knowledge and first-hand experience managing an array of DSM-5 diagnoses including anxiety disorders, eating disorders, mood disorders, personality disorders, psychotic disorders, and substance use disorders. The education at University of Iowa Hospitals & Clinics is second to none.