

## **University of Utah General Psychiatry Residency**

We are an academic, resident-centered, adult psychiatry training program located in Salt Lake City— a metropolitan area of about 1.2 million people, with unparalleled access to nature. We are hubbed out of the Huntsman Mental Health Institute (HMHI— formerly University Neuropsychiatric Institute or UNI), a highly-regarded psychiatric hospital affiliated with the research-rich University of Utah. As the only residency program providing psychiatric care to a large section of the underserved Mountain West region, we have the privilege of working in private, public, VA, rural and urban community systems, and serve as the tertiary care center for much of Idaho, Wyoming, Montana, and eastern Nevada as well. We pride ourselves on being a supportive program that attracts friendly and accomplished residents from a variety of backgrounds.

**Mission and Values** Our mission is threefold: First, to help our residents develop into exceptional and compassionate psychiatrists who are well-versed in both biological psychiatry as well as psychotherapy; Secondly, we prioritize graduating our residents into fulfilling careers where they can best serve those in need; Finally, we hope to inspire and support our residents to become leaders in their field. To this end, we expose all of our residents to a broad range of psychopathologies, treatment modalities and clinical settings, while simultaneously catering to the specific academic and career interests of the individual learner. We aim to foster professional growth by balancing quality teaching and attentive supervision with progressive autonomy of clinical experience. Most of our residents are involved in research during the course of their training, and many have publications by the time of graduation. Our residents are enthusiastic, well-rounded, and collegial. We encourage diligence during work hours, but also believe that having fun during time off is integral to a healthy lifestyle. We hope you have the opportunity to visit our department and learn more about us.