



American Association of Directors of Psychiatric Residency Training

Nyapati Rao and Francis Lu International Medical Graduate (IMG) Fellowship Awardees

2024

Committee Chair: Consuelo “Chi-chi” Cagande, MD

This mentorship program is designed to promote the professional growth of promising International Medical Graduates. In the context of a trusting, non-evaluative and emphatic relationship with an experienced mentor, IMGs can learn to recognize and to seek solutions to their professional and acculturation needs. As psychiatrists who have made valuable contributions to the field as educators, researchers, clinicians and administrators, the mentors will have met many of the challenges, which their younger colleagues will encounter. The goal of this program is to facilitate successful development of IMG residents as leaders in American Psychiatry, especially those interested in psychiatric education. This goal is reached by providing an opportunity for outstanding IMG residents to be mentored by senior role models in the field of psychiatry.

Adeleye Adaralegbe, MD, PhD

Dr. Adaralegbe is a current PGY-2 General Psychiatry Resident at the McGovern Medical School at UT Health in Houston. He completed the Physician Educator Certificate Program at UT Health and a member of the curriculum committee. His interests are in health equity, community psychiatry, geriatrics, neuropsychiatry, and clinical education.



Training Director: Vineeth John, MD, MBA

Hosanna Kim, MD

Hosanna Kim, MD, is a current third-year resident at UC Davis Medical Center Department of Psychiatry and Behavioral Sciences. She grew up in Korea and graduated from medical school in Seoul. She subsequently completed postdoc training at UCSF studying the neurodevelopmental trajectories of children with neurodevelopmental conditions in Korea, the Navajo Nation, and the US and produced multiple publications. She is currently on the research track in which she continues to develop her projects in the field of autism with a focus on understanding the co-occurring medical conditions and the impact of social determinants of health in autism. She enjoys spending time with neurodivergent individuals and is interested in working with underserved autistic individuals and their families in clinical and research settings. With the support of AADPRT, she plans to develop an autism curriculum for UC Davis psychiatry residents with goals to 1) improve residents' attitudes towards neurodivergent individuals; 2) increase residents' knowledge about autism and strength-based model of neurodiversity; 3) equip residents with the clinical skills to provide holistic, patient-centered care to autistic adults. Outside work, she enjoys playing the cello, running, yoga, and hiking.



Training Director: Belinda Bandstra, MD, MA

Jinal Patel, MD

Dr. Jinal Patel is a 3rd psychiatry resident at Maimonides Medical Center in New York. She attended medical school at Imperial College London and received the prestigious national Pathfinder Fellowship from the Royal College of Psychiatrists UK, 2016-2018. Her interests include forensics, public psychiatry, minority mental health, and health equity and advocacy. During her residency, she has led numerous research projects and has presented her work at multiple national and international conferences, including the American Psychiatric Association's (APA) and the AADPRT annual meetings. She was awarded the APA Public Psychiatry Fellowship in 2022. During her fellowship, she worked on exploring the suicide risk factors for LGBTQ+ individuals and assessing how these could shape mental health care for this population. She is an active member of the APA Council on Minority Mental Health and Health Disparities and is working on the national APA position statement on conversion therapy. She currently chairs the Anti-Racism Taskforce Committee at Maimonides, to promote diversity and equity in residency training and actively promote anti-racist policies through advocacy. She co-chairs the Maimonides Anti-Human Trafficking taskforce which aims to educate physicians and healthcare staff on the topic of human trafficking and its victims, and implement strategies at the service level to screen, manage, and support patients. Her long-term goals include working with patients in a forensic and emergency psychiatry setting, as well as minority, underserved, and LGBTQ+ patient populations. She aspires to enact systemic change in healthcare systems through quality improvement and health advocacy.



Training Director: Anetta Raysin, DO

Krishna Taneja, MD, MBA

Dr. Krishna Taneja is an aspiring Integrative Psychiatrist, a Mind-Body Medicine Expert and the founder of the MESS philosophy. She is currently a PGY-3 psychiatry resident at Southern Illinois University. Her desire to change people's lives drove her to join medical school. During her time as a medical student in Ukraine she conducted leadership trainings for the Ukrainian government and also led the educational transformation as part of the Ukrainian government's initiative to join the European Union. During her practice, she recognized that while doctors were providing excellent healthcare, they weren't creating healthy individuals. She dedicated herself to learning techniques to deliver quality and affordable healthcare with a more holistic and trauma-informed approach. She has worked closely with the pioneers of integrative medicine and has helped streamline the integrative psychiatry curriculum for residency and fellowship with the University of Arizona and the Andrew Weil Center for Integrative Medicine. She has also served as the Trauma Relief and Wellness Program Manager at the Center for Mind-Body Medicine (CMBM), the world's largest non-profit to address population wide trauma. Here she managed the development and implementation of CMBM's comprehensive wellness programs in education and health systems across the U.S and internationally to provide trauma-informed care in across the globe challenged by war, poverty, mass shootings, climate-related disasters, opioid addiction, and genocide She currently serves as the Secretary for American Psychiatric



Association's Integrative Medicine Caucus and continues to spread awareness globally for integrative medicine and mental health with the goal of creating trauma informed communities.

Training Director: Ayame Takahashi, MD

Maria Camila Velez Florez, MD

Dr. Velez Florez is currently a PGY-2 Psychiatry Resident in the Physician-Scientist Track, enrolled in the health disparities division, and is a member of the Resident Hispanic clinic. Born and raised in Bogota, Colombia, she earned a national scholarship for academic excellence during her medical school years at the Universidad del Rosario, where she was actively involved in the neuroscience lab. After graduation, Dr. Velez Florez spent three years as a hospitalist in emergency medicine and critical care. Subsequently, she pursued a post-doctoral research fellowship at the Children's Hospital of Philadelphia (CHOP). During her research fellowship, she led projects for curriculum development, professional identity formation, cultural humility, and artificial intelligence-driven tools for precision learning, receiving multiple grant funding. She also contributed and published research projects in the hospital's additive manufacturing team, which was awarded the National Science Foundation grant to develop and deploy innovative technology solutions addressing frontline medical shortages related to COVID-19. To support these efforts, Dr. Velez Florez developed an affordable and accessible transparent facemask, receiving grant funding from the National Capital Consortium for Pediatric Device Innovation. This medical device was tested with NIH and FDA standards, piloted and deployed throughout the hospital, the Center for Autism Research, and in multiple schools in the community. Committed to addressing disparities and improving access to quality health care in vulnerable communities, she plans to continue using mixed methods to explore cultural psychiatry, Hispanic psychiatry, LGBTQIA+ mental health, cultural humility, and safety, along with medical education.

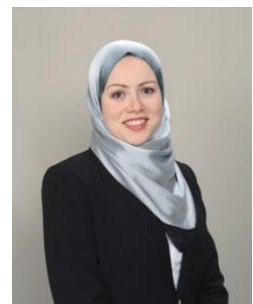


Training Director: Isabel Lagomasino, MD, MSc

2023

Hagar Kandel, MD, MSc

Hagar Kandel, MD, MSc, is a trained child neuropsychiatrist from Egypt and a current third-year resident at SUNY Downstate Department of Psychiatry and Behavioral Health. She completed postdoc training for three years at Rockefeller University studying arousal in mice models, completed an advanced certificate in clinical and translational research, and had several publications. She is a long-term trainee in the Leadership Education in Neurodevelopmental and other related Disabilities (LEND) program at SUNY Downstate, through which she acquired the knowledge and skills to evaluate and diagnose Autism Spectrum Disorder/ Developmental Disabilities (ASD/DD), she is also getting an advanced degree in public health to gain a foundation in public health and expand her skill set. She is interested in a career serving individuals with disabilities, including a commitment to leadership, and improving the systems of care for people with ASD/DD.



Training Director: Scott McAfee, MD

Temitope Ogundare, MD, MPH

Dr. Temitope Ogundare is currently a PGY-2 psychiatry resident at Boston Medical Center, enrolled in the Global and Local Cultural and Medical Education pathways. Before starting his psychiatry residency, he completed a 2-year master's in Public Health at the Boston University School of Public Health, with a context certificate in Mental Health and Substance Use. He was born and raised in Nigeria and completed his medical education at the University of Ilorin College of Health Sciences and a 6-year psychiatry residency at the Neuropsychiatric Hospital, Abeokuta, one of two world health organization centers of mental health research in the country. He has received numerous awards throughout his medical education, including the Egerton Luke prize in Psychiatry by the West African College of Physicians and the International Scholars award from Boston University. He was inducted as a member of the Delta Omega Society in Public Health.



During his residency training years in Nigeria, Dr. Ogundare conducted independent research on social integration and quality of life among patients with schizophrenia; and depression, quality of life, and suicidal ideation among patients with epilepsy. He has authored several peer-reviewed publications and book chapters and is a peer reviewer for several journals. He is a Fellow of the West African College of Physicians and Nigerian Postgraduate Medical College.

Since its inception in 2019, Dr. Ogundare has been involved in the Liberian psychiatry residency program, a collaboration between Boston Medical Center and the Liberian College of Physicians and Surgeons. His involvement includes the development of a Neuroscience curriculum and teaching select topics in Neuroscience to first-year residents in the program. In addition, he developed and has continued to facilitate monthly journal club meetings for all residents in the program. In addition to teaching, he has published articles on risky sexual behaviors and substance use among youth in Liberia.

Dr. Ogundare's current interests are in global mental health, cultural psychiatry, and medical education. He is currently involved in a QI project to revamp the curriculum for teaching case formulation for PGY-1 residents. He also mentors medical students and international medical graduates from Nigeria.

Training Director: Micaela Owusu, MD, MSc

Matteo Respino, MD

Dr. Matteo Respino serves as Outpatient Chief Resident in Psychiatry at Rush University Medical Center in Chicago. He spent the first part of his training at the University of Genoa, Italy, his country of origin. His primary research focus is the interaction between the aging brain and the expression of depressive syndromes in late-life. From 2015 to 2019 he trained at Weill Cornell Medicine, New York City, using advanced neuroimaging tools to investigate the brain's structural and functional connectivity of depressed older adults. His results highlighted abnormalities of the brain's cognitive-control network that are predictive of executive dysfunctions in this population. He is currently investigating the relation between mood and cognition in late-life depressive syndromes in a large European population dataset. He has authored over twenty scientific articles and presented his findings at national and international conferences. He is a 2020 Honor Scholar of the American Association of Geriatric Psychiatry, and received an Honorable Mention for the 2021 NIMH Outstanding Resident Award Program. In 2022 the Illinois Psychiatric Society recognized him as Resident of the Year. While at Rush, he has fostered his passion in Classical Psychopathology by developing a Curriculum of introductory lectures for Interns. Undergoing Psychiatry residency training in the US has kindled



his recent interest in comparing American and European approaches to Psychiatry education, and he plans to investigate the different perceived learning needs between residents here and across the Atlantic. His clinical focus is the outpatient care of adults and older adults struggling with treatment-resistant depression, prolonged grief, in addition to psycho-oncology. He enjoys mentoring younger residents, medical students, and plans to pursue a career in Academic Psychiatry.

Training Director: Senada Bajmakovic-Kacila, MD

Ritvij Satodiya, MBBS

Dr. Ritvij Satodiya is a Forensic Psychiatry fellow at Emory University School of Medicine. Following the completion of his medical school from India, he migrated to the United States to excel in the field of psychiatry. He completed his Child and Adolescent Psychiatry fellowship from New York University Grossman School of Medicine and Psychiatry residency from Stony Brook University Renaissance School of Medicine. Ritvij has been a Child and Adolescent Psychiatry Fellow with the American Psychiatric Association (APA) and a fellow with the Group for the Advancement of Psychiatry. Ritvij has served in the leadership roles during his training years as an inaugural Chief Resident for Research and Scholarly activities and a Chair of Residents' Research Subcommittee.



Ritvij has a strong interest in clinical psychiatry, neuroscience, and psychopharmacology. He shares an additional interest in clinical research and has accomplishments under his belt. He has received pilot grant fundings from the American Academy of Child and Adolescent Psychiatry (AACAP) and New York University and is presently working on his research project of understanding the influence of exogenous cannabinoids on neurodevelopment. He has been the recipient of many awards that include the APA Resident Recognition Award, the APA Research Colloquium for junior investigators Award, the AACAP Research Colloquium for young investigators, and the Max Fink Award – Outstanding Achievement in Research twice during his residency tenure. Ritvij has received research training at the academic institutions including Yale University and New York University before starting his residency training. He presented his work at numerous national meetings and published in reputed journals. He is a peer mentor with AACAP's Committee on Medical Students and Residents.

Ritvij speaks three languages and loves to spend time with family and friends. He enjoys hiking, cooking, swimming, and water sports. He aspires to build an academic career with a goal to combine his passion of human service through patient care, research to advance the field of psychiatry, and disseminate knowledge to train future generation psychiatrists.

Training Director: Peter Ash, MD

Rick Wolthusen, MD, MPP

Rick Wolthusen, MD, MPP, is a 3rd-year psychiatry resident at Duke University. He has more than ten years of experience as a pro bono mental health consultant. He works with governments, NGOs, and academic centers in Ghana, Kenya, Germany, and the United States of America. He is the mind behind the Erasmus+ exchange program "Mental Health meets Social Innovation," through which students and staff members from universities in Ghana, Kenya, and Germany can learn from and with each other in an annual 8-week-long exchange program. Rick also founded the award-winning NGO On The Move e.V., which creates spaces of empowerment towards mentally healthier communities. The NGO activities were featured in podcasts, documentaries, publications, and a TEDxTalk. Rick is a member of the Clinician Scientist Track and the Clinician Educator Track at Duke; he was a National Neuroscience Curriculum Initiative Fellow. He is currently an APA/APAF Public Psychiatry Fellow; during the



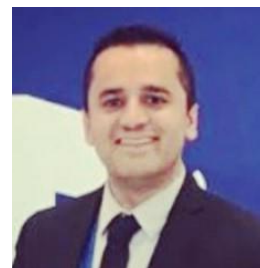
fellowship, he explores how the global mental health narrative can be reshaped from Northern ventriloquism to what high-income countries can learn from low- and middle-income countries in terms of closing the mental health treatment gap. He is also a member of the APA Global Mental Health (GMH) Caucus GMH Curriculum Workgroup.

Training Director: Heather Vestal, MD

2022

Raheel A. Chaudhry, MD

Raheel A. Chaudhry M.D., is a first-year child and adolescent psychiatry fellow at Baylor College of Medicine. Dr. Chaudhry completed his residency in adult psychiatry at Henry Ford Allegiance Health and received his medical degree from International American University. Prior to matriculating into medical school, Dr. Chaudhry completed his undergraduate studies with scholarship in Biomedical Sciences. He has a unique, rich and diverse background in psychiatry.



During his training he has won numerous awards at the program, state and national levels. Dr. Chaudhry's work has been recognized fortunately through several national awards such as Academy of Consultation-Liaison Psychiatry Trainee Travel Award in 2020, American Academy of Addiction Psychiatry John Renner Award in 2020, American Society of Addiction Medicine Ruth Fox scholarship award in 2021 and American Association of Geriatric Psychiatry Honors Scholars program in 2021. He is currently a recipient of AACAP education outreach program 2021 and also completed a Psychoanalytic Psychotherapy Fellowship through the Michigan Psychoanalytic Institute. Dr. Chaudhry has been actively involved in academic and leadership roles, as well as numerous scholarly activities in the shape of publications, quality improvement projects and case reports, focusing on very rare/novel side effects of psychotropic medications. He has published on, and presented nationally on, topics including substance induced mood disorders including cannabis and amphetamine induced psychosis and rare/novel side effects of various psychotropic medications.

In addition to the AADPRT Fellowship Award, Dr. Chaudhry is also serving as an APA SAMHSA minority fellow. He is working to expand access to services for the underserved, underrepresented population in greater Houston region; he has received grant funding from the APA to help racial/ethnic minority communities.

Dr. Chaudhry has a unique interest in the intersection of child and adolescent psychiatry and consultation-liaison psychiatry. He is currently working with the APA Council on Consultation-Liaison Psychiatry, and is a member of specialized interest group of medicine-psychiatry, emergency psychiatry and pediatric consultation-liaison through the Academy of Consultation-Liaison Psychiatry. His long-term goals include working with patients with serious medical and psychiatric illnesses and caring for the underserved communities. He hopes to improve access through integrated care in primary care settings and telepsychiatry. He enjoys travelling, being outdoors, working out, playing sports, going to the beach, trying different cuisines, learning about new technologies and fixing computers.

Training Director: Laurel Williams, DO

Diego Garces Grosse, MD

Dr. Diego Garces Grosse is a PGY-4 and chief resident in Rutgers NJMS psychiatry residency program. He was born and raised in Lima, Peru, where he obtained his medical degree from Universidad Peruana Cayetano Heredia, Alberto Hurtado School of Medicine.



During his residency he focused on working with Hispanic populations and minorities and this led him to pursue the APA Diversity Leadership fellowship. His interest in teaching and in integrating knowledge gave him the opportunity to be one of the NNCI Scholars in 2020-2021.

Other areas of interest include neurosciences and psychopharmacology which he intends to apply in his Consultation-Liaison fellowship starting in July 2022.

Training Director: Rashi Aggarwall, MD

Souparno Mitra, MD

Souparno is a PGY3 in the Department of Psychiatry at Bronxcare Health System and an Incoming Fellow in the Public Psychiatry Fellowship at Columbia University. Souparno, during his residency, he has been Co-Chair of the Research Lab at his hospital, and has been the recipient of many accolades including the AAAP Travel Award. He has passionately advocated for resident welfare as Delegate of the Residents' Union and Resident Fellow Member of the Bronx District Branch. He was also a nominee for the Resident Fellow Member Trustee Elect at APA.



He is passionate about advocacy for his patients and the well being of residents. His interests include improved patient care through public health policy, especially in the realm of substance use disorders. In his free time, Souparno is a music aficionado, and enjoys playing his guitar, playing basketball and swimming.

Training Director: Panagiota Korenis, MD

Omar Shah, MD, MPH

Dr. Omar Shah is currently a PGY5 Child and Adolescent Psychiatry Fellow at the Geisel School of Medicine at Dartmouth College. He grew up in a "medical" household; his grandfather and parents being doctors. Their love for and dedication to medicine inspired him to become a medical doctor. Dr. Shah completed his Adult Psychiatry Residency at the Delaware Psychiatry Residency Program. He has also completed a two-year psychoanalytic fellowship at the Psychoanalytic Center of Philadelphia.



Dr. Shah has worked in translational and clinical research, authored several publications, and presented at regional and national conferences. Prior to residency, he worked as a postdoctoral research fellow at Northwestern University in transplant immunology and the University of Pennsylvania in translational medicine and human genetics. During his residency training, he worked with the State of Delaware's Division of Substance Abuse and Mental Health (DSAMH) in several projects: naloxone trainer and educator, co-founded the Delaware FASD (Fetal Alcohol Spectrum Disorder) Task Force to raise awareness about FASD in the community, and worked in the state's Outreach Committee to develop and implement protocols to help identify and treat teenagers presenting with prodromal symptoms of psychosis. He also served as the Senior Resident on the Addiction Education Committee. For his work, he was awarded the

Certificate of Excellence in Addiction Psychiatry by the State of Delaware's DSAMH, and the APA Area 3 RFM Merit Award as a member of the Psychiatric Society of Delaware. He has been active in teaching roles throughout his training. He was awarded the Academic Excellence Award, APA Resident Recognition Award, and Certificate of Clinical Excellence. Currently, he is serving as the Legislative Liaison for the New Hampshire Psychiatric Society and as a panelist for the New Hampshire Telehealth Commission, where he advocates for needed reforms and offers testimonials in support of related bills. He is also the founder of the Global Mental Health Initiative at Dartmouth, which seeks to promote psychiatry amongst medical students in third-world countries. He is an APA/APAF Leadership Fellow where he is Chief of Human Relations. He resides on the Council on International Psychiatry at the APA, is an elected member of the New Hampshire Medical Society's Governing Council, and serves as a representative at the Associated Resident Council (ARC) at Dartmouth-Hitchcock Medical Center. For his ongoing projects in the field of addiction, he has received the John Renner Award from AAAP and the Ruth Fox Scholarship from ASAM.

After completing his current training at Dartmouth, Dr. Shah will be pursuing an Addiction Medicine Fellowship at Harvard University/Harvard Medical School, focusing on the intersection of adult and child psychiatry, and families with substance use.

Training Director: Craig Donnelly, MD

Selma Tanovic, MD, MSc

I was born and raised in Sarajevo, Bosnia and Herzegovina. After I graduated from Medical School in 2005, I completed a one-year mandatory internship at University Clinical Center Sarajevo. The internship included clinical rotations and concluded with a medical license exam in June 2006. In September 2006, I started working at Pediatric Hospital University Clinical Center Sarajevo, first as an intern and then as a pediatric resident, hoping to pursue my career as a behavioral pediatrician/child psychiatrist.



In 2011, I received a Nuffic Fellowship funded by Dutch Government to pursue a master's in medical anthropology at University of Amsterdam (UvA), where I graduated cum laude in 2012. During my studies, I conducted the ethnographic research with families of children on autism spectrum. The knowledge and experience I gained at UvA, inspired me to continue my education in European Union. Therefore, after 6 months of mandatory classes in French language, I pursued my studies at L'Ecole des Hautes Etudes en Sciences Sociales (EHESS) in Paris, France in the period 2013-2015, obtaining second MSc degree in anthropology. Under supervision of Dr. Richard Rechtman, a psychiatrist and anthropologist, I conducted my research in embodied traumatic memory of children and adolescents in Bosnian war. During my research, my interest in trauma and resilience intensified.

During my research, I had engaged in project that led to foundation of War Childhood Museum in Sarajevo, B&H. During my work as a Head of Research in period 2015-2017, I had an opportunity to meet, interview and film visual testimonies with large number of participants, who were children during Bosnian war.

In February 2017, I moved to San Francisco, CA for personal reasons and started preparing USMLE exams. After completion of Step 1, 2 CS and CK, I received ECFMG certification. I did my first observership at Berkshire Medical Center (BMS), Pittsfield, MA in April 2018, and the second one in psychiatry at Kaiser North California in the period August-October 2018.

In May 2018, I started working as a Clinical Research Assistant Coordinator and Cue-Centered Therapy Training Program Coordinator at Department of Psychiatry and Behavioral Sciences,

Stanford School of Medicine. I held this position until starting Stanford Adult Psychiatry Residency Program in June 2020.

During intern year (6/24/2020-6/24/2021), I participated in activities in DIAC (Diversity and Inclusion Advisory Council), Community and Public Health Track initiative, Social Connectedness Committee for residents (as part of Wellness program) and was a co-coordinator for resident recruitment for Arbor/PFC student-led Cardinal Free Mental Health Clinic. During my PGY-2, I continued above mentioned activities, but also started my scholarly concentration in training, dissemination and implementation of Cue-Centered Therapy for Youth with Chronic Trauma as well as on qualitative research on children's memory of the COVID-19 pandemic (under mentorship of Dr. Victor Carrion). In addition, I initiated QI project on raising number of IMG residents at Stanford and facilitating transition to residency once they are matched (under mentorship of Dr. Belinda Bandstra and Dr. Filza Hussain). Lastly, I work as a recruitment co-coordinator of resident-led reflection groups for medical students and physician assistants at Stanford School of Medicine.

Training Director: Sallie DeGolia, MD, MPH

2021

Ali Ahsan Ali, MD

Ali Ahsan Ali is a fourth-year resident psychiatrist at The Icahn School of Medicine at Mount Sinai, Elmhurst Hospital Center. As a psychiatrist he is keenly interested in the humanization of psychiatric practice and the factors that prevent it at the level of training, resident education and health care systems. Dr. Ali has published over 20 peer-reviewed articles and book chapters through his training which have been cited over 100 times. He has presented at various national conferences and meetings. He has developed and taught many courses at his residency program on



psychotherapy, cultural psychiatry and suicide risk assessments. He has also received a number of certificates in psychotherapy. He is a reviewer for the Journal of Psychiatric Practice, Frontiers in Psychiatry and Innovations in Clinical Neurosciences. Dr. Ali's work has been recognized through a number of national awards. In 2020 he was inducted into the prestigious Alpha Omega Alpha honor society and is the recipient of the 2020 Austen Riggs Award for Excellence in Psychotherapy. He also received the American Psychiatric Association's Resident Recognition Award in 2020 and is now awarded the AADPRT IMG Fellowship.

Training Director: David Schnur, MD

Mohamed EISayed, MBBCh, MSc

Dr. Mohamed EISayed is the Chief resident for research, academics, and the PGY-4 resident class in the adult psychiatry residency program at SUNY Downstate Health Sciences University. Dr. EISayed aspires to be a physician-scientist, and he has taken multiple steps toward this goal. He completed medical school at the Ain Shams University in Cairo, Egypt. He then finished a combined residency in neurology and psychiatry, and a master's in science program at the same institution, where he served as Chief resident. He then joined the Neuropharmacology Research Group at Yale (SNRGY). Under the mentorship of Dr. Skosnik, he set up a new



electroencephalography system and coded EEG tasks for patients coming for clinical and challenge trials. He then joined the SUNY Health Sciences University for his psychiatry

residency. He also joined the biomedical engineering Ph.D. track at the SUNY School of Graduate Studies. During the COVID-19 pandemic, Dr. ElSayed was among the residents who provided emotional support for staff and other residents during their relief efforts. He also worked with his mentors and co-residents to launch longitudinal studies to follow up the mental health of residents, fellows, faculty, and children of essential workers who were affected by this unprecedented crisis.

In his academic role, he worked with Dr. Ayman Fanous, chairman of psychiatry, Dr. Michele Pato, vice chair for research, and Dr. Scot McAfee, vice chair for education and residency training director, to organize a new year-long neuroscience course, an enhanced cultural psychiatry course, and a new design for the journal club that helps residents better understand the articles. He also mentors medical students and residents in their scholarly activities. His future research interests include harnessing EEG and other modalities to understand the neurological underpinnings for mood and psychotic disorders using computational models. He is currently collaborating with the Henry Begleiter Neurodynamics lab for his Ph.D. He is also being mentored by Dr. Mohamed Sherif, an assistant professor at Brown University and former Downstate alumnus, to learn computational modeling techniques. Dr. ElSayed is honored to be chosen as an AADPRT IMG fellow.

Training Director: Scot McAfee, MD

Fiona Fonseca, MBBChBAO, MS

Dr. Fonseca is a PGY-3 resident and incoming co-chief resident at St. Mary Mercy Hospital, in Livonia, MI. They were born in India, completed high school in Ireland, and currently consider the US home. Dr. Fonseca received their medical degree from the National University of Ireland, Galway (NUIG), and was a visiting research scholar at the Royal College of Surgeons in Ireland. They spent a year as a teaching assistant at NUIG in the anatomy department, before moving to the US. Prior to beginning residency, Dr. Fonseca completed a master's in counseling and psychology at Troy University, as well as 2 years towards a doctoral degree in counseling education at Oakland University. During this time, they spearheaded several initiatives including a NAMI on campus club, an anti-bullying awareness campaign, an on-campus diversity-focused educational program, and support groups for LGBTQ+ and medical students.



Dr. Fonseca currently guest lectures on an annual basis at the Oakland University William Beaumont School of Medicine in the medical humanities and clinical bioethics department. They currently serve as deputy editor for the American Journal of Psychiatry Residents' Journal, as well as resident-fellow-member president-elect for the Michigan Psychiatric Society, a district branch of the APA. At St. Mary's, Dr. Fonseca developed a new and revised version of the Psychiatry curriculum and didactics program. They have been involved with the virtual resident recruitment process and designed a website for the program. Dr. Fonseca also founded the Clinical Ethics Circle, a forum for all clinicians at St. Mary's with a focus on medical ethics.

Dr. Fonseca has received awards including the Resident Psychiatric Educator award from the Association for Academic Psychiatry (AAP) and the Outstanding Doctoral Student award from the Oakland University division of Chi Sigma Iota.

Dr. Fonseca is pursuing a career in academic medicine and advocacy for underserved populations, with special interests in cultural psychiatry, psychotherapy, and physician wellness. Following residency, they plan to complete a fellowship in Consultation-Liaison Psychiatry, with a goal to learn more about transgender medicine, reproductive

psychiatry, end-of-life issues, and the neurobiological impact of trauma, stress, and hormonal changes.

In their free time, Dr. Fonseca enjoys the outdoors, the arts, and spending quality time with loved ones, including a very fluffy and very spoiled white cat.

Training Director: William Cardasis, MD

Zeeshan Mansuri, MD, MPH

Dr. Mansuri hails from India, where he did his medical school and then did his Master's in Public Health specializing in Epidemiology and Biostatistics from Drexel University, followed by a General Psychiatry Residency at Texas Tech University and is currently a Child and Adolescent Psychiatry Fellow at Boston Children's Hospital/Harvard Medical School. He is very passionate about mentoring medical students and residents using Facebook as a platform to connect with them. Using social media, he has mentored more than 100 students from start to finish for residency and has created a Facebook group that now



has more than 112,000 students all over the world. With his belief that every person has a story to tell and a lesson to teach, he created a website called "humansofusmle.org" to bring out inspiring stories and life lessons about physicians who go through the journey of USMLE. Concerning research, he is trying to understand the impact of psychiatric diseases on hospital outcomes for medical diseases by using nationally representative large datasets. He is deeply interested in Interventional Psychiatry, specifically Ketamine, Transcranial Magnetic Stimulation, and Electroconvulsive Therapy. He has also created collaborative research groups where medical students and International Medical Graduates can work directly with faculty and Program Directors. These groups have published in reputed journals and have won national awards at prestigious conferences like AACAP. During his free time, he loves to hang out with friends, explore the city, and play and watch tennis, cricket, and table tennis.

Training Director: Zheala Qayyum, MD

Badr Ratnakaran, MBBS

Dr. Badr Ratnakaran is a PGY-4 and Academic Chief Resident in Psychiatry at Carilion Clinic-Virginia Tech Carilion School of Medicine. With over 12 years of experience in mental health, Dr. Ratnakaran worked as a clinician-educator in psychiatry in his home country, India, and moved to the USA to pursue further training in psychiatry. As the chief resident, Dr. Ratnakaran has focused on identifying gaps and expanding the teaching curriculum of his program, and developing multiple curricula including consultation-liaison psychiatry, and care for minority and diverse populations. He is currently a first-year APA Leadership fellow, a



second-year PRITE fellow of the American College of Psychiatrists, and was selected for the Honors Scholar Program of American Association of Geriatric Psychiatry and the

Trainee Travel Award of the Academy of Consultation-Liaison Psychiatry in 2020. Dr. Ratnakaran serves as a member of the Learning Environment Advocacy Committee of Virginia Tech Carilion School of Medicine, the Board of Directors of Psychiatric Society of Virginia, and the APA Committee on Wellbeing and Burnout. After his training, Dr.

Ratnakaran plans to work as a clinician-educator in an academic institution and hopes to lead an Old-Age Liaison Psychiatric Service. His other areas of interest include Academic Psychiatry, Physician Wellness, and Psychiatry in Arts and Media. He will be joining his fellowship training in Geriatric Psychiatry at Carilion Clinic in 2021 and plans to apply for fellowship training in Consultation-Psychiatry in the same year.

Training Director: Michael Greenage, MD

2020

Ali Haidar, MD

Dr. Ali Haidar is a PGY4 Child and Adolescent Psychiatry fellow at Icahn School of Medicine at Mount Sinai. He graduated from the faculty of medicine at the American University of Beirut in 2015.

Since completing his medical training, his journey has incorporated his drive to provide compassionate patient care while also being a vocal advocate for at-risk populations. After graduation from medical school, he joined the National Mental Health Program in the Lebanese Ministry of Public Health as an intern working on national policies and guidelines serving refugees and underserved

populations. He subsequently interned at the World Health Organization in Geneva, Switzerland where he contributed to the Mental Health Gap Action Plan. He completed his adult Psychiatry residency at SUNY Downstate Medical Center. Dr. Haidar is also a first-year fellow for the American Psychiatric Association Leadership Fellowship. During residency, his research focused on the elements necessary for the provision of well-staffed psychotherapy for psychosis in a public clinic setting. His primary areas of interest include public psychiatry, psychodynamic psychotherapy, LGBTQ mental health, Cultural Psychiatry and Global Mental Health, particularly teenage refugee populations. He has presented talks, courses, and posters covering his various areas of interest at several national conferences.



Training Director: Dorothy Grice, MD

Kiran Khalid, MD

Dr. Kiran Khalid is currently a second-year Child and Adolescent Psychiatry Fellow at the University at Buffalo where she is also serving as a Chief Fellow. She was born in Lahore, Pakistan and completed medical school at Aga Khan University, Karachi, Pakistan. After graduation from medical school, she worked for over a year in medical education in Pakistan, where she was involved in faculty development,



curriculum development and improving the quality and effectiveness of teaching. In 2015, she joined the General Psychiatry residency program at University at Buffalo. During residency, Dr. Khalid developed various neuroscience education sessions and was involved in teaching medical students and residents as a member of the Medical Educator Track. She was also the outpatient chief, implemented various quality improvement measures, won numerous service-based and educational awards, and spoke at a monthly meeting for NAMI. She was inducted in the Gold Humanism Honor Society in 2017. After residency, she continued to train in Child and Adolescent Psychiatry. She remains involved in medical education for residents and medical students. With her residency training director, she has worked on improving and revamping the residency neuroscience curriculum, which has now been implemented.

She is also working on furthering her exposure and experience in neuroimaging research. Her clinical interests include pediatric consultation/liaison psychiatry and her academic interests are mainly neuroscience education and neuroimaging research. Dr. Khalid intends to pursue a career in academic psychiatry, engaging in teaching and working in the Pediatric, CL, and ER settings clinically.

Training Director: Sourav Sengupta, MD, MPH

Manal Khan, MD

Dr. Manal Khan is a fourth-year psychiatry resident at University of Washington, Seattle. Manal was born and raised in Pakistan where she received her medical education. Before joining UW as a PGY2, Manal completed her intern year in Psychiatry at Duke University. Manal has held several leadership roles during her residency. In her third year of residency, she collaborated with faculty to establish the global mental health and cultural psychiatry pathway at her program. She developed the curriculum for the pathway and curated topics for monthly meetings. She was the resident-lead for the pathway and also served as the business meeting leader. Currently, Manal is the chief of recruitment and



wellness and participates in admissions, wellness, and resident education steering committees. Manal's vision for her chief role includes diversity-conscious recruitment and community building. Manal implemented a strategy called "caring messages" through which chief residents provide support and guidance to night float residents. Manal also regularly performs a holistic review of the applications submitted by international medical graduates. Outside her program, Manal is a second-year American Psychiatric Association (APA) diversity leadership fellow and sits on the council of international psychiatry. She is also an executive committee member of Washington State Psychiatric Association. Manal has participated in several scholarly projects and is presenting at four conferences this year, including AADPRT. She plans on pursuing a career in Child and Adolescent Psychiatry with a focus on childhood adversity and trauma. Manal is a published poet and story writer. She is also a mother to a two-year-old boy, an Orange Theory Fitness enthusiast, and a Bollywood buff.

Training Director: Anna Ratzliff, MD, PhD

France Leandre, MD

Dr. France Leandre is a third-year resident at the UCF College of Medicine /HCA GME Consortium (Gainesville, FL). She was born in the US and raised in Haiti where she assisted in launching an educational program for low-income Haitians. She moved to the US at 15, then earned her Bachelor of Science degree in psychology at the University of Florida. There, she researched the dietary need in the HIV pediatric population and developed new tools to improve teaching and learning at the university. She attended medical school at Ross University where she started a didactic series on the use of psychotropic medications during the peripartum period which continued in residency. She also created other lecture series on the management of agitated patients and



on the esketamine spray. At the 2017 APA conference, Dr. Leandre was a co-presenter on a workshop set to educate residents on the evaluation and treatment of patients belonging to the LGBTQ+ community. For her passion in teaching colleagues and medical students, she received the resident teacher of the year and resident of the year awarded by her residency program. Dr. Leandre was selected as one of Area Five Resident Fellow Member Poster Award Winner at the 2018 APA conference for her research poster on the demographic factors, BMI, and diagnosis that affected the administration of emergency treatment orders in patients in psychiatric units. She also won the second place John E. Adams award at the Florida Psychiatric Society for that same project. Moreover, she is currently working on a research study looking at the demographic and referral patterns in the new psychiatric clinic. She was awarded the Tom and Donna Buchanan grant from the Florida Psychiatric Society for her involvement in research and case reports. After residency, Dr. Leandre is interested in working with her underfunded population and completing more research projects. In her spare time, she likes to spend time with her husband and two kids.

Training Director: Almari Ginory, DO

Sanya Virani, MD, MPH

Dr. Sanya Virani is currently a PGY-4 and Chief Resident of Education and Research at Maimonides Medical Center in New York and the Resident-Fellow Member (RFM) Representative to the APA for New York state (Area 2). She attended K.J. Somaiya Medical College and Research Center in Mumbai, India, and upon completion, she was awarded the Aga Khan Foundation International Scholarship, the University of Minnesota Division Of Health Policy and Management Award, and the Veninga Donor Award among others, to pursue graduate education in the US. She completed her Master's in Public Health Administration and Policy at the University of Minnesota, while also working in Health



Services Research at the National Marrow Donor Program/Be the Match in Minnesota. After graduating, she worked as a Data Manager for clinical trials on HIV vaccines at the Fred Hutchison Cancer Research Center in Seattle, Washington. She then moved to New York to start her residency in Psychiatry and is set to attend

Yale School of Medicine for a fellowship in Addiction Psychiatry next year, which will be followed by a fellowship in Forensic Psychiatry.

Through the length of her residency training, she grew her research portfolio considerably and now has over 25 articles and book chapters to press, with a special interest in burnout (capstone project at grad school) and public policy, in addition to Addiction and Forensic Psychiatry. She has participated as a panelist at APA workshops and now AADPRT this year.

Most recently, Sanya was selected by the Deputy Medical Director and Director of Education for the APA to work on a national trainee census in spanning across a time period of 5 years. This seminal document is informative in regard to the large shifts in trends of applicants matching into Psychiatry and highlights the areas for improvement – need for a diversified workforce more representative of the patient population it serves. Her work has received national acclaim: the Census is on the APA's website and her article on the history and process of legalization of marijuana made its way to the national podcast of Psychiatric Services. She has brought a range of projects to fruition, most notable among which are a Simulation training module for all residents to manage agitated patients and “Code White”, a hospital-wide protocol to manage patients presenting to the Emergency Room with different levels and etiologies of agitation.

Over the past two years, she acquired research experience in Digital Psychiatry (through apps developed at Harvard University) and also remained involved in the hospital-wide Clinical Informatics Committee. She has taken up several leadership roles: Resident Safety and Quality Council Representative and CIR Delegate for the hospital and has been awarded by the ASCP, AAAP and Telluride Safety Initiative to attend and participate in workshops and conferences. Currently, she is the nominee for the APA's RFM Trustee Elect position and wishes to pursue a career in academic Psychiatry with a focus on Addiction and Forensic Psychiatry.

Training Director: Anetta Raysin, DO

2019

Gustavo Costa-Medeiros, MD

I was born in Maceió, Brazil, and I graduated from the University of São Paulo Medical School. I came to the United States in 2015 to do research at the University of Chicago. I was so fascinated with the educational and academic possibilities in the United States that I decided to do my residency here. In my residency at UT Southwestern, I quickly became involved with educational improvements in our rotations, didactics and wellness. I also have a very substantial interest in research, particularly mood disorders and addictions. I have been working with Professors



Madhukar Trivedi and John Rush. We have been investigating the reward system and mental disorders associated with dysfunctional reward process. I am particularly interested in developing educational systems that combine evidence-based techniques and enhanced subjective experiences. The ultimate goal is to develop

effective and enjoyable teaching methods. I believe that successful education awakens the internal world of the individual (thoughts, feelings, curiosity) and motivates him/her to have a proactive learning process.

Tanuja Gandhi, MD

Dr. Tanuja Gandhi is a second-year child psychiatry fellow at the Yale Child Study Center. She completed her medical education in India and moved to the United States for residency training. She completed her psychiatry residency training at the Einstein Medical Center in Philadelphia. Following residency training she completed a Forensic Psychiatry Fellowship at Yale and is currently a Child Psychiatry fellow at Yale.



Vikas Gupta, MD, MPH

Dr. Vikas Gupta is a Co-Chief Fellow in Child and Adolescent Psychiatry at Vidant Medical Center/The Brody School of Medicine at East Carolina University. He graduated from Government Medical College, Amritsar and pursued his MPH at University of Texas, Houston where he received the Susan Sampson Scholarship. He attained research experience while working at MD Anderson Cancer Center and was a member of the Texas Regional Psychiatry and Psychology Mentee-Mentor Network where his research project involved studying the efficacious of mental health in religious settings. Dr. Gupta has been a finalist on the Indian version of “Who wants to be a millionaire” and worked with the University of Texas, Houston psychiatry residency team which won the American Psychiatric Association Mind Games competition (a jeopardy style competition for psychiatry residents on psychiatric knowledge) in 2012 and 2013. He was selected as the captain of the East Carolina University psychiatry residency team which was a finalist in the Mind Games 2018.



He completed his Adult Psychiatry Residency training at the University of Wisconsin, Madison during which he was a class representative to the Program Evaluation Committee. He presented posters at several national and international meetings including American Psychiatric Association and the Institute on Psychiatric Services. Dr. Gupta chaired a workshop at the APA Annual Meeting in 2018 on “International Medical Graduates-Training Director and Resident Perspectives” and will be chairing a session on “Frontiers in rural mental health: the intersection of place and regional culture in the cultural competence landscape” at the APA Annual meeting in 2019. He has taught over twenty seminars to psychiatry residents and presented a CME on personality disorders at his medical school alumni annual meeting at Chicago. Dr. Gupta has also been a recipient of the Educational Outreach Program award of the AACAP.

He currently serves as a 2nd year CHILD PRITE Fellow of the American College of Psychiatrists and is a member of the CME committee of AACAP and the

CME/Meeting Committee of ASCP. He is interested in novel strategies in psychiatry education and upon completion of fellowship, plans to pursue a career in academic psychiatry.

Meghana Medavaram, MBBS, MD

My name is Meghana and I am currently a PGY4 Resident at the University of Toledo Medical Center Department of Psychiatry. I was born in Chicago and grew up in Springfield, IL. I developed interest in medicine at a young age due to having family members who are physicians. I decided to attend medical school in India -- JSS Medical College in Mysore, KA. During medical school, I volunteered with local group to promote health and hygiene in young children in the community. I became interested in psychiatry because of Dr. TSS Rao - Head of the Department of Psychiatry.



He showed us that psychiatric issues are pervasive in all types of populations. I passed medical school with honors in second and

fourth years. I then completed my medical internship at JSS Medical School and Hospital during which I worked in rural areas in India and provided health checkups to school aged children. I then began my residency at the University of Toledo. During residency training I was recognized by other departments including neurology and internal medicine for excellence while working with them. I worked with a multidisciplinary team on a QI project that reduced falls in the hospital significantly and also won the research award that year for internal medicine. Taking inspiration from my program director, I became heavily involved in advocacy in the local chapter of OPPA (Ohio Psychiatric Physician Association) and NWOPPA (Northwest Ohio Psychiatric Physician Association), eventually becoming the secretary/treasurer of NWOPPA 2017- 2019. I am the current Chair of the Resident-Fellow Committee of OPPA, representing psychiatric residents and fellows. I have also attended annual advocacy days at the Ohio state legislature to advocate on behalf of our profession and patients.

My passion for teaching has allowed me to give many lectures to internal medicine -- both formal and informal. I am the current liaison with medical students and their psychiatry interest group and help them with applications and the pursuit of psychiatry residency.

I was awarded the William J. Lenz Award for Excellence in Psychiatry in 2018 by the Department of Psychiatry. I have applied for Consultation Liaison Fellowship programs and am awaiting match results in January, 2019.

I also moonlight at a Community Mental Health Center weekly getting more exposure to community psychiatry and available resources. My goal is to pursue CL and perhaps an academic position to continue to be an educator for both residents and medical students.

Daniela Rakocevic, MD, MSc

Dr. Daniela Rakocevic is a Fellow in Addiction Psychiatry at Mayo Clinic, where she completed her psychiatry residency, serving as Administrative Chief Resident from 2017-2018. During her PGY4 year she was appointed an Instructor in Psychiatry at Mayo Clinic School of Medicine, and currently serves on the School of Medicine's Admissions Committee and the Grand Rounds Committee for Psychiatry. She is passionate about medical student education and residency curriculum development with an emphasis on the successful transition from medical school to the first few months of residency. Her clinical research projects concentrate on the overlap between consultation liaison and addiction psychiatry.



Recognized for excellence in teaching medical students, Dr. Rakocevic was awarded Mayo Clinic School of Medicine's highest honor as Resident Educator of 2017 - the Golden Stethoscope Award. She also received the Mayo Clinic Howard P. Rome Award for best Psychiatry Grand Rounds presentation of 2017-2018 and she has recently won several national awards, including the 2018 Association for Academic Psychiatry's AAP Resident Psychiatric Educator Award and the 2018 American Academy of Addiction Psychiatry AAAP Fellow Travel Award Scholarship.

Dr. Rakocevic graduated with highest honors from the University of Belgrade, where she received both her medical degree and Master of Science in Psychiatry. She completed the Adult Psychiatry Residency Program at the University of Belgrade's Clinical Center of Serbia and was recruited to remain on staff practicing for 5 years as an Attending predominantly treating medically complex patients. Her love of teaching students and residents started in Europe and now continues at Mayo Clinic where she is immensely grateful for all the support her mentors and colleagues have shown her.

2018

Saeed Ahmed, MBBS

Dr. Saeed Ahmed is a PGY-III resident in the Adult Psychiatry residency program at Nassau University Medical Center, NY. He was born in Larkana, Pakistan and completed his medical school education at Sindh Medical College Karachi. After finishing his USMLE examinations he volunteered at MPRC Maryland, where he worked in clozapine clinic and also published a paper on smoking cessation in Schizophrenia. Prior to starting residency training, he was privileged to work with world-renowned clinician research



scientists at NYU and Thomas Jefferson University Philadelphia. During his residency he has authored several peer-reviewed articles, four book chapters,

numerous commentaries on controversial topics of mental health, and has served as a reviewer and on editorial boards for various journals. His clinical and research interests have focused on projects regarding substance abuse, minorities, and LGBTQ mental health.

He has assisted APA leadership on the Minority and Underrepresented (M/UR) Caucus in the development of APA Trauma and stress Toolkit 2018 for LGBTQ. In addition to being an active member of APA M/UR caucus, he works closely with American Academy of Addiction Psychiatry " AAAP," where he serves on the committees for membership and research. He won the poster competition of NY Psychiatric Association in 2016 and was awarded a travel fellowship in 2017 by AAAP. During his residency he has won numerous awards at the program, state, and national levels. He is a Fellow for Psychiatry Innovation Lab, which is an incubator at the American Psychiatric Association that catalyzes the formation of innovative ventures to transform mental health care. He is also departmental representative to Graduate Medical Education (GME) for the Residents Committee.

Currently, he is working on a research project, examining the role of Gabapentin in Alcohol use disorder, especially Alcohol withdrawal and cravings. After finishing his residency, Dr. Ahmed intends to join an addiction psychiatry fellowship.

Kammarauche Asuzu, MD, MHS

Dr. Asuzu is the executive chief resident of the Psychiatry Residency Training Program at Duke University Hospital. During residency, Dr. Asuzu has distinguished herself as a passionate clinician, energetic and dedicated teacher and scholar, and tireless leader and advocate. She has conducted research in identifying gastrointestinal side effects in patients on clozapine with a goal of increasing awareness and translating guidelines into practice. She has received the American Psychiatric Association (APA) research colloquium award and is currently conducting a pilot project to understand how patients with serious mental illness interact with their mobile devices. She has brought technological innovations to

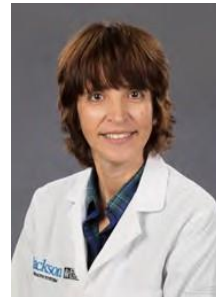


the residency training program, incorporating the resident survival guide into a mobile application for ease of access by trainees. She has championed a variety of programmatic and process improvements in her roles as Assistant Chief (during PGY3) and Executive Chief (currently/during PGY4). She has served other important leadership roles on the program's Resident Council, the institution's Graduate Medical Council, and the Duke Health App committee. She has been selected as an institutional resident representative during Liaison Committee on Medical Education (LCME) and Clinical Learning Environment Review (CLER) visits. In addition to research and leadership, Dr. Asuzu enjoys teaching and engaging in innovative ways to improve understanding of complex mental health concepts. She is currently helping to create an AADPRT module curriculum for clozapine. She was awarded the medical-student-initiated Appleseed Award for excellence in education and leadership by a resident in training.

Dr. Asuzu was born in Nigeria and completed medical school at the University of Ibadan, Nigeria. Prior to residency, she completed a master's in mental health at Johns Hopkins Bloomberg School of Public Health. While at Johns Hopkins, she conducted research exploring associations between disruptive childhood behaviors and personality disorders. Following completion of her graduate degree, her research at the University of Miami focused on exploring the relationship between early life trauma and PTSD. She is passionate about improving the lives of children and adolescents with mental illness via clinical work, research, education, and leadership. After residency, she will be completing a fellowship in Child and Adolescent Psychiatry.

Zelde Espinel, MD, MA, MPH

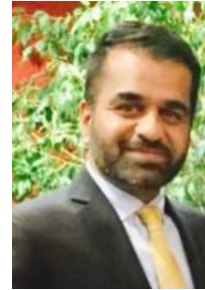
Dr. Zelde Espinel is a PGY-5 Geriatric Psychiatry Fellow at the University of Miami Department of Psychiatry and Behavioral Sciences/Jackson Memorial Hospital where she also completed her psychiatry residency training. Dr. Espinel is originally from Colombia where she received her MD. She has two post-graduate degrees: an MA in Population and Development from the Institute for Social



Studies, The Hague, Netherlands and an MPH at Florida International University, Miami, Florida. She has extensive experience working in the public health and community settings assisting at-risk populations in her native country. For six years she served as Co-Director, Center for Disaster and Extreme Event Preparedness (DEEP Center) at the University of Miami prior to beginning her psychiatric residency in the US. Following this experience, she had the privilege of joining the University of Miami/Jackson Memorial Hospital residency program in psychiatry. While in residency, she pursued multiple interests: geriatric psychiatry, global mental health, disaster psychiatry and medical student/resident education. Dr. Espinel worked on an evidence-based global mental health intervention with internally-displaced women in Colombia. She completed a research project geared towards assessing caregiver burden of Alzheimer's patients and outcomes in the UM Memory Disorder Clinic. Dr. Espinel received a series of honors and recognitions. She was chosen as a member of the AAGP Scholars Program and attended the AAGP Annual Meeting in New Orleans in 2014. Dr. Espinel received the 2015 Area Five Resident Fellow Member Poster Award, the 2017 National Award in the Medical Student/Resident Poster Competition (Community Psychiatry category) and the 2017 Area Five Resident Fellow Member Poster Award. Her research and teaching activities were also recognized within her residency program and she was awarded the 2015 and 2017 Bernard Goodman Award for research, as well as the department's 2017 Jack Skigen Teaching Award.

Asfand “Andy” Khan, MD

Dr. Asfand “Andy” Khan is currently a 3rd year Psychiatry resident at Penn State Health Milton S. Hershey Medical Center. He was born and raised in Pakistan, completed undergraduate studies in the United States at Shippensburg University and attended medical school in St. Lucia at International American University.

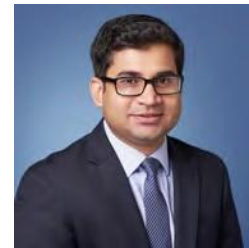


He has been recognized for academic achievement and service with multiple awards for performance on National Board and Licensing Exams, scholarly activity, community outreach, patient care, and leadership positions. He has been instrumental in the adoption of a Suboxone training program for residents and considers education as his main passion in addition to clinical service. He has created a shelf review course for medical students on their psychiatry rotation, is certified in the Stanford Clinical Teaching Framework, and has been chosen as a Hippocrates Medical Education Scholar. He was accepted and recently took part in the Harvard-Macy Institute’s Future Academic Clinician-Educators Program and plans on developing a “teaching the teachers curriculum” that can serve as a model for psychiatric residency programs across the nation.

His career plans include pursuing an addiction psychiatry fellowship followed by an academic career that balances administrative, research, clinical, and most importantly educational roles.

Muhammad Zeshan, MD

Dr. Muhammad Zeshan is a first-year child & adolescent psychiatry fellow at Harvard Medical School affiliated Boston Children’s hospital in Boston, MA. He is an IMG from Pakistan. Before going to medical school, he worked in a restaurant for 12 years. His interest in psychiatry began when he tried to promote education in his neighborhood while he was in high school. He was fortunate to have hardworking and supportive parents and teachers who taught him work ethics, hospitality, and responsibility before fellows his age learned multiplication tables.



He came to the United States to understand the field of psychiatry more meticulously. During his residency training at Icahn School of Medicine at Mount Sinai Bronx Lebanon Hospital in Bronx, NY, he led various performance improvement projects including increasing awareness among residents about the LGBTQ community, Prediction challenges of 30-day readmission in an inpatient psychiatric setting, and prevalence of substance use in adolescent inpatient unit. He will present three workshops and two posters at the annual APA meeting in May, 2018.

Because of his excellent clinical and scholarly work, he received various awards including the NANA Young Scholar Award, Resident of the Year Award, Certificate of Academic Excellence, APA Resident Recognition Award, AACAP

Systems of Care Travel Award, and BPSI Child Pip Travel Award. He also enjoys various leadership roles as an APA Diversity Leadership Fellow, APA RFM Assembly Representative, and APA council on Medical Education and Lifelong Learning. In addition, he served on various regional committees. He is interested in learning more about parent management, parent-child intervention therapy (PCIT), perinatal psychiatry, infant and preschool age psychiatry, and minority mental health.

2017

Toral Desai, MD

Dr. Toral Desai is currently a second year fellow in Child and Adolescent Psychiatry at University of Virginia. She completed her medical school in India where her interest in the well being of children, particularly their mental health, began while working on a research project involving street children. She initially joined the Adult Psychiatry residency program and later the CAP program at University of Virginia to continue to nurture her passions. Her scientific quest continued with the research of finding moderators of comorbidity between childhood Asthma and ADHD. The poster based on this research study won Poster Competition for Area 5 RFM committee in 2015 APA conference. She has also made multiple



other presentations at American Psychiatric Association, American Academy of Child & Adolescent Psychiatry and Academy of Psychosomatic Medicine. She was awarded travel grants from the LAGCAPA in 2015 and APSARD in 2017 to attend the annual meetings.

Her leadership interest started during medical school itself where she served as a Vice President for Blood Donors' Association and a member of multiple other committees. She continues to pursue a role as a leader by serving as a member of various medical center Committees such as EPIC subcommittee, GME Clinical Learning Committee, GME Policy Subcommittee and as a class representative for the psychiatry housestaff at University of Virginia, in addition to serving as the acting Chief Fellow. She is currently pursuing interests in clinical application of variety of psychotherapy modalities.

Her future research topics involve use of technology and mindfulness based meditation in pediatric population with psychiatric disorders. As a role of the acting Chief Fellow, she is assisting the division leadership in creating a competency based milestones for residents rotating through child psychiatry rotation. She has revitalized her interest in authorship through working on book chapters on sleep architecture and effect of psychotropic medications on sleep. She also led the clinical trials in psychotropic medications as sub- investigator.

Srinath Gopinath, MBBS

Srinath Gopinath completed his psychiatry residency in India from Osmania Medical College in 2010. Having received honors distinction for the state board exam, he was accepted at The National Institute of Mental Health and Neuro-Sciences (NIMHANS), India's foremost academic center in psychiatry. He was privileged to join SUNY Downstate Medical Center to pursue his residency training in Psychiatry and is currently the Executive Chief Resident in his PGY5 year. Since joining the program in 2012, Dr. Gopinath has been working under the mentorship of Dr. Jeremy Coplan, Professor of Psychiatry and Director of the Primate Behavioral Facility at SUNY Downstate Medical Center. One of the projects he has been involved in was on analyzing ¹H-MRSI (magnetic resonance spectroscopic imaging) data in patients with generalized anxiety disorder, investigating the process of aberrant "molecular coupling" between the hippocampus and dorsolateral prefrontal cortex, which disrupts normal function of the default mode in the healthy state. Dr. Gopinath has also worked at Yale University Department of Psychiatry in collaboration with Drs. Steven Southwick and Chadi Abdallah, learning advanced MRI techniques in the context of studies of novel medications for depression during his PGY4 year of residency. Drawing on his hands-on research experience, he has also served as the Chief Resident for Research and academics in Psychiatry at SUNY Downstate since July 2015. He has received a number of awards during his last four years at SUNY, one of them being "The Robert F. Furchgott Scholar 2015." He is an academician and is involved in co-organizing and planning didactics for all four years of residency training.



Fabiano Nery, MD, PhD

Dr. Fabiano Nery is a currently a 4th year Psychiatry resident and Chief resident of Education at the Department of Psychiatry and Behavioral Neuroscience of the University of Cincinnati College of Medicine. He was born in Brazil, where he obtained his medical and PhD degrees and started his research career. Dr. Nery later on decided to move to the U.S. where he wanted to have an academic career, teaching younger generations and conducting cutting edge and impactful psychiatric research. His research interests include using neuroimaging tools to study brain markers of risk and resilience in bipolar disorder. Dr. Nery has published many of his research findings investigating inflammatory pathways, behavioral traits, brain structure and neurochemistry, postmortem, social cognition, family history, and family functioning in individuals with or at risk for bipolar disorder in several peer-reviewed and high impact journals. In his 4th year of residency, Dr. Nery obtained local funding at his institution to conduct a clinical trial of N-acetylcysteine for depressive symptoms in youth at increased familial risk for bipolar disorder, consistent with his goal of investigating early interventions to hamper the illness progression and to minimize morbidity in bipolar disorder. After finishing his residency, Dr. Nery intends to assume a Faculty position in his institution, and develop a clinical research program devoted to improve outcomes in bipolar disorder.



Maria “Loly” Rubio, MD, PhD

Maria Dolores "Loly" Rubio was born and raised in Buenos Aires, Argentina. She attended medical school at the University of Buenos Aires, where she graduated with honors. She then traveled to the United States to obtain her PhD in Neurobiology from the University of Alabama at Birmingham, studying in vitro and in vivo mechanisms of synaptic plasticity in Dr. Gavin Rumbaugh's lab. After finishing her dissertation, she joined Dr. James Meador-Woodruff's lab as a postdoctoral fellow, studying molecular mechanisms underlying schizophrenia in post mortem brain tissue. Following a two-year fellowship she decided to change career paths and joined the MGH/McLean Adult Psychiatry Residency Program in Boston, where she focused on inpatient care and college mental health. She is currently the Chief Resident of the MGH inpatient psychiatry unit and also sees patients at the MIT student mental health clinic. Her goal is to become an inpatient attending and focus on the care of minority populations and patients with serious medical and psychiatric illnesses.



Geetanjali Sahu, MBBS

Dr. Geetanjali Sahu is currently a PGY-4 and chief resident for ambulatory services at Maimonides Medical Center in Brooklyn, New York. She completed her undergraduate medical education at Chhattisgarh Institute of Medical Sciences, in India. She will be joining a child and adolescent psychiatry fellowship at University of Texas, Houston starting July 2017. Throughout her residency Dr. Sahu has been involved in various initiatives. She was the chair of resident quality council, a group that reports to the Graduate Medical Education Committee, whose prime purpose was to identify patient safety issues that might be addressed by quality improvement projects. She created a resident-run school psychoeducation program for middle school and also created a trauma curriculum for beginning psychiatry residents. She won the New York State Psychiatric Association (NYSPA) 8th annual resident scientific paper award for her review on genetic and environmental factors that affect cognition in psychotic patients. She is part of a group of residents who received a grant from the Maimonides Research Development to build a biorepository for schizophrenia research. Dr. Sahu is an active member of Brooklyn Psychiatric Society and has helped organize 5K runs to raise awareness regarding mental illness. She also organized celebrations for world mental health day across the hospital to increase awareness among hospital employees regarding mental health. Dr. Sahu's interest lies in preventative health psychiatry, public psychiatry, administrative psychiatry, and doing research on the gene- environment interactions contributing to mental illness.



2016

Awais Aftab, MD

Awais Aftab is currently a third year adult psychiatry resident and chief resident for education at University Hospitals Case Medical Center. He was born and raised in Pakistan and is in the USA for psychiatry training. During his residency he has won numerous awards at the program, state, and national levels. Aside from the AADPRT IMG Fellowship, he has also been selected for the American Psychiatric Association Leadership Fellowship and the Association of Academic Psychiatry Fellowship Award. He is the founder and chief curator of the resident-led newsletter Research Watch, which has been featured by the Ohio Psychiatric Physicians Association. For his scholarly fellowship project for AADPRT, he has developed a didactic course on philosophy of psychiatry for psychiatry residents. He has numerous peer-reviewed publications, and has served as a reviewer for the journal Schizophrenia Research. He is interested in the intersection of neurobiology and philosophy in areas such as psychiatric nosology. He aspires to enter a research fellowship after residency despite the limitations of his visa status.



Elie Aoun, MD

Elie G. Aoun, M.D., is a PGY5 addiction psychiatry fellow at UCSF. He completed his general psychiatry residency at Brown University in Providence, RI and recently accepted a forensic psychiatry fellowship PGY6 position at Columbia. He is the trainee representative to the AAAP board of directors. Dr. Aoun's interests include neuro-psycho- endocrinology of Alcohol Use Disorder as well as public policy and advocacy for issues pertaining to access to care for underprivileged and stigmatized populations including



those with substance use disorders, LGBT and incarcerated individuals. He has authored several peer reviewed articles, book chapters, position statements and other policy papers and has presented talks at various national and local meetings. He has recently received a SAMHSA grant to develop a training curriculum for law enforcement officers on mental illness. He has also contributed to multiple clinical trials looking at treatments and hormonal specificities in Alcohol Use Disorders at the Center for Alcohol and Addiction studies at Brown University. Dr. Aoun is a fellow for the American Psychiatric Leadership fellowship, the Group for the Advancement of Psychiatry and for the APA/SAMHSA Substance Use program.

Prasad Joshi, MD, PhD

Dr. Prasad Joshi is currently a second year fellow (PGY3) in child and adolescent psychiatry at Drexel University School of Medicine. Prasad completed his undergraduate medical education from University of Mumbai. His early interest in basic research led to doctoral training in molecular neuropharmacology, where his research was



instrumental in deciphering the molecular structure of the serotonin type 3 receptor's ligand binding site. Prasad followed up his PhD work with two postdoctoral fellowships at Neuropsychiatric Institute, University of California at Los Angeles. At UCLA, Prasad worked extensively on deciphering neurocircuitry changes that underlie development of Huntington's disease, a devastating neurodegenerative disease with extensive psychiatric manifestations. During the course of his research career, Prasad has also worked on various aspects of development of novel neurological drugs, including a brief stint in pharmaceutical industry. In addition to his work in the area of new drug development, Dr. Joshi has also worked as a junior faculty member at school of pharmacy, where he taught neuropharmacology to undergraduate and graduate students. Prasad has numerous peer reviewed publications in reputed journals and has made presentations of his research at national and international conferences. His academic interests include neurobiological aspects of mental illness, neurodevelopmental disorders, and issues related to use of psychotropic medications in children. He also maintains great interest in clinical applications of various psychotherapies, and is particularly interested in learning nuances of psychodynamic psychotherapy. Prasad enjoys teaching, research and plans to pursue a career in academic psychiatry.

Caridad Ponce Martinez, MD

Dr. Caridad Ponce Martinez is currently an Assistant Professor in Psychiatry at the UMass School of Medicine, as well as an Assistant Professor Adjunct at the Yale University School of Medicine. She earned her undergraduate degree in Psychology at Tufts University and completed medical school at the Escuela Autónoma de Ciencias Médicas de Centro América in Costa Rica. Dr. Ponce Martinez completed her adult psychiatry residency training at the University of Virginia, where she served as a Chief Resident and had an integral role in the evaluation of the Psychiatry residency program and its academic curriculum, particularly as related to substance use disorders. She recently completed fellowship training in Addiction Psychiatry at Yale University. Her clinical

and research interests include medical student and resident education in addiction psychiatry, the interface between chronic pain and addiction, and global mental health. She is currently developing a project to integrate psychiatry and primary care in her native country of Honduras in order to help address the country's vast mental health needs. Dr. Ponce Martinez has authored several articles in peer-reviewed journals and three book chapters, including one in the upcoming edition of Kaplan & Sadock's Comprehensive Textbook of Psychiatry.



Balwinder Singh, MD, MS

Balwinder is a Chief resident at the University of North Dakota School of Medicine and Health Sciences in Fargo, ND. Prior to joining residency, he completed a Master's degree in clinical and translational sciences at the Mayo graduate school in Rochester, MN. As much as he loves



the biology, he searches for practical solutions, appropriate use, and limitations of available treatment options via epidemiological and translational research methods. He is interested in evidence-based mental health, severe mental illness, the impact of psychiatric disorders on comorbidities and vice-versa, risk factors and predictors of psychiatric disorders. He has presented at various national and international conferences. He has multiple first authored publications and has published > 30 PubMed cited papers and various book chapters. He serves as an ad-hoc reviewer for various journals. His long-term goal is to be an academic researcher and educator in the field of Psychiatry and Psychopharmacology.

Balwinder is involved in the development of a clozapine clinic with his mentors. His current research involves evaluation of the use of clozapine among the schizophrenia spectrum disorders in a population-based sample. In addition, he is studying the usage, comfort level and barriers to the appropriate use of clozapine among psychiatric residents in the US. Data from these studies will provide valuable information regarding clozapine use pattern and lack of educational opportunities regarding clozapine use in residency programs. He was selected for the APA Research Colloquium for Junior Investigators Award in the component on Molecular, Translational, and Neuroscience Research. He has completed post-doctoral and research fellowships.

Professionally, he also serves on the residency and grand round committee and is also a resident fellow member of the North Dakota psychiatric society. He is actively involved in medical student and resident teachings and mentors medical students in various psychiatric rotations. In his spare time, he likes listening to music, outdoor sports, hiking, and learning how to ski.

2016

Award Winner/Program Director/Region

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Southern Illinois University School of
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