



American Association of Directors of Psychiatric Residency Training

Biosketch

Deborah Spitz, MD

AADPRT Position: Presidential Appointee & OPDA Liaison

Deborah Spitz, MD, AADPRT representative to OPDA (the Organization of Program Director Associations), is Vice Chair for Education and Academic Affairs and Director of Residency Training at The University of Chicago. A psychiatric educator and Past President of the Association for Academic Psychiatry, she was Director of Psychiatry Residency Training at Tufts University-New England Medical Center until 2000, spent three years in Great Britain as Consultant Psychiatrist in the National Health Service, and has been at the University of Chicago since 2003. She has presented widely on aspects of psychiatric education and career development, gender issues, and ethics and cultural aspects of psychiatry. Throughout her career she has combined work in acute inpatient psychiatry with the practice of long-term psychodynamic psychotherapy, finding each setting a rich resource for teaching and supervising about relationships, development, psychopathology, systems issues and psychiatric treatments, both pharmacologic and psychological. She teaches a number of courses in the psychotherapy sequence within the residency at The University of Chicago, and has presented at AADPRT on career development and on the disciplinary process.

