



American Association of Directors of Psychiatric Residency Training

Biosketch

Lia Thomas, MD

AADPRT Position: Presidential Appointee



Dr. Lia Thomas is a Professor in the Department of Psychiatry at UT Southwestern Medical Center in Dallas, TX. She joined the UTSW faculty in 2007, and in 2015, she began as Associate Program Director of the Dallas VA Medical Center for the General Psychiatry Residency Program. In 2021, she also became the Associate Program Director for Recruitment Strategies. Dr. Thomas is the of Director of Mental Health Education, Training and Research, which develops and coordinates learning and scholarly opportunities for all VANTHCS Mental Health Service staff. Clinically, Dr. Thomas works on the Mental Health Trauma Services Team, an interdisciplinary team focused on providing evidenced based care to Veterans with PTSD.

Dr. Thomas is passionate about education and development of psychiatry learning of medical trainees at all levels and is involved in committees at both ADMSEP and AADPRT. Her academic interests include diversity and inclusion curriculum in psychiatric education, equitable residency recruitment practices and resident workforce issues. Dr. Thomas has contributed numerous articles and book chapters and is on the editorial board of Academic Psychiatry.