



American Association of Directors of Psychiatric Residency Training

Biosketch

Adam Brenner, MD

AADPRT Position: Past - President



Adam Brenner M.D is Professor of Psychiatry, Distinguished Teaching Professor, Director of Adult Psychiatry Residency Training, Vice Chair for Education, and Acting Vice Chair for Clinical Services in Psychiatry. He is a graduate of Emory University, Magna Cum Laude in Philosophy. He attended Harvard Medical School and then completed his psychiatry residency at McLean Hospital. Dr. Brenner's clinical focus is in treatment of anxiety and depressive disorders with a combination of psychoanalytic psychotherapy and psychopharmacology. His scholarly publications include "Listening: An Underlying Competency in Psychiatry Education" and "Revisiting the Biospsychosocial Formulation: Neuroscience, Social Science and the Patient's Subjective Experience" both published in *Academic Psychiatry*. Dr. Brenner has served as Chair of the Psychotherapy Committee of the American Association of Directors of Psychotherapy Residency Training (AADPRT), Program Chair for the 2017 Annual Meeting, and serves on the Steering Committee of AADPRT as Past-President. Among his educational and teaching awards, he has been elected to the University Of Texas Academy of Health Science Educators and also received the University of Texas Regents' Outstanding Teacher Award. A graduate of the Boston Psychoanalytic Institute, Dr. Brenner is on the faculty of the Dallas Psychoanalytic Center. Dr. Brenner also serves Editor-in-Chief for *Academic Psychiatry*.