

NSU KPCOM Orlando Psychiatry Residency Program

The Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine's (NSU-KPCOM) Orlando psychiatry residency program, based at the Orlando VA Healthcare System (Orlando VAHCS), is an exciting community-based, university-affiliated program dedicated to excellence in training, patient care, and scholarly work. The program has six residents per class and is primarily focused on public sector psychiatry, preparing psychiatrists to work in Veterans Health Administration and correctional settings, preferably in the Central Florida area. The program's clinical training sites are the Orlando VAHCS, Lake Correctional Institution, Central Florida Behavioral Hospital, and AdventHealth Orlando. Clinical rotations are combined with excellent didactics and active learning methodologies covering the entire spectrum of psychiatry from neuroscience and psychopharmacology to the art and practice of psychotherapy. Didactics occur during a weekly academic half day. Clinical rotations, faculty, didactics, case conferences, journal clubs, wellness activities, and grand rounds are shared with the UCF/HCA Orlando psychiatry residency program in a unique collaboration between two local residency programs. Interdisciplinary training occurs with psychology and advance practice registered nurse trainees with an emphasis on team-based care.

During the four years of training, residents participate in evidence-based, patient-centered care of people with psychiatry disorders in inpatient, residential, outpatient, correctional, and community settings. Residents assess and treat patients with a wide range of disorders and gain a full understanding of what psychiatry treatment can offer their patients in terms of mental health and quality of life.

Learning activities include supervised clinical experience, rotation and residency didactics, and self-directed learning including the use of self-learning modules. There is ongoing assessment of resident performance and feedback including tracking progress on the ACGME psychiatry milestones. Each resident must formulate both short- and long-term goals and have a continuous focus on their professional development, commitment to lifelong learning, and patient care performance improvement indicators.

The Orlando area offers a wide range of activities including theme parks, professional and college sports, concerts, museums, restaurants, and year-round outdoor activities and it is only a half hour drive to the Atlantic beaches. The area population is very diverse with 43% White, 28% Hispanic, 21% Black, and 5% Asian. Orlando is ranked 4th in the U.S. for metro areas with the highest percentage of same sex couples. The program strives for its residents to reflect the diversity of the area in order to better serve the community.